



Trinity Health

Alliance of Michigan

West Michigan

Referral Reference Toolkit

v.2 – 04/15/2026

To allow for a clickable list of services to be displayed to the left of the document:

1. Click the Download button in the upper left-hand corner of the screen
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Trinity Health Alliance of Michigan

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Addiction Medicine | Recovery Medicine

Recovery Medicine

Trinity Health Medical Group, Recovery Medicine focuses on assessment, treatment and counseling for all substance use disorders. We work closely with all primary care providers and specialists to provide patient-centered treatment plans.

We can assess use of the following substances or addictions:

- Alcohol
- Cannabis
- Cocaine
- Designer drugs
- Dextromethorphan
- Heroin
- Kratom
- Nicotine
- Opioids
- Stimulants
- Prescription pain medication and sedatives
- Gambling addiction

Treatment involves assessment with a board-certified addiction specialist and careful review of all FDA-approved medication therapies with the patient, as well as an introduction to treatment programs and community-based resources. As an outpatient practice, our providers are certified to prescribe medication-assisted therapies for opioid or alcohol dependence when clinically indicated. We can provide treatment advice for our patients while inpatient at both hospitals—Trinity Health Grand Rapids and Muskegon—to provide high quality continuity of care.

Call 616-685-6910 to learn more.

**Trinity Health Medical Group,
Recovery Medicine – Grand Rapids Campus**
300 Lafayette Ave SE, Suite 3200
Grand Rapids, MI 49503

**Trinity Health Medical Group,
Recovery Medicine –Norton Shores**
3570 Henry St, Suite 220
Muskegon, MI 49441

Open Monday–Friday, 8am–5pm



**Cara Poland,
MD, M.Ed, FACP,
DFASAM**



**Paul Trowbridge,
MD, MPH,
FASAM**



**James
Twesten-O'Toole,
MD, FASAM**



**Tim
Buning, LPC,
CAADC**



**Terence
Hambleton,
LMSW, CCS,
CAADC, ADS**



**Carleen Riley-
Mercado, LMSW,
MAC, CAADC,
C-DBT, ADHD-CCSP**

  TrinityHealthMichigan.org/THMG

Virtual Programs

Intensive Outpatient - 3 hours per day, 3 days per week



Removing Barriers to Treatment!

- Addiction 18+, Eating Disorders 14+, Mental Health Primary 18+
- Comprehensive Online Assessments
- Confidential, Easy to Use, At-Home Care
- Psychiatrist-Led Medical Team
- Medical Interventions Including Medication-Assisted Treatment (MAT)
- Clinical Therapists & Registered Dietitians
- Healing Group Therapy & Individual Therapy
- Alumni & Family Programs
- Insurance-Eligible

844.776.9651



Your Psych-First Source for Comprehensive Mental Health Solutions

"Over the years, I have received hundreds of calls from families and individuals who are desperate to navigate a complex mental health system. There is a lot of fear and stigma in reaching out for help. It is also common that when someone is struggling with one mental health condition, they have other mental health conditions accompanying it. That is why we have assembled a multi-disciplinary team to treat the whole person with an individualized plan. If you or a family member are struggling, don't be afraid to reach out. Making the call saves lives, saves families & saves futures."

Rae Green, JD, LPC, CAADC,
Sanford Behavioral Health
Co-Founder & President



Sanford Behavioral Health
15146 16th Avenue
Marne, Michigan 49435
844.776.9651, ext. 1
sanfordbehavioralhealth.com
admissions@sanfordhouse.com



SANFORD™
BEHAVIORAL HEALTH

Addiction ♦ Eating Disorders ♦ Mental Health
Serving Greater Grand Rapids, All of Michigan & Beyond

Addiction

Since 2015, Sanford has provided person-centered, progressive, and evidence-based treatment modalities for all substance use disorders.

- Small Therapy Groups Encourage Sharing & Relationship Building
- Recovery Meetings (including 12-Step) & Fresh-Air Exercises on our 18-Acre Campus or in the Sanford Health Club
- CBT, DBT, EMDR, Trauma-Informed Care, Art Therapy, Motivational Interviewing, Seeking Safety & more



Just 12 minutes from downtown Grand Rapids, our campus offers psychiatric, medical, clinical, dietary, recreational, and integrative programming under one roof.

Eating Disorders

Eating disorder trailblazers in Michigan with the first standalone residential facility in the state.

- Psychiatrist-Led, Psychiatric Nurse Practitioners, Registered Dietitians, Clinical Therapists, Recreational Therapists
- Clinical Kitchen, Exposure Therapy in the Community, Art & Movement Therapy, ACT
- Comfortable, Safe & Supportive Community

Addiction, Eating Disorders & Mental Health

- Psychiatric Assessments
- 24/7 Onsite Nursing & Medical Management
- Medication-Assisted Treatment (MAT) & SPRAVATO (Esketamine)
- Collaborative Care Teams
- Integrative Programming Under One Roof
- Medical Detox
- Residential Programs
- Day Programs (PHP)
- On-Site Supportive Housing
- Partial-Day Programs (IOP)
- Virtual Programs
- Healing Group & Family Therapy
- Individual Therapy & One-on-One Counseling
- Long-Term Recovery Planning
- Free Alumni & Family Education & Support Programs
- In-Network with most Commercial Insurance Companies

844.776.9651

Mental Health Primary

At Sanford, we treat the whole person with psychiatric and medical assessments at the start of services.

- Mood Disorders, Depression, OCD & other Mental Health Conditions
- Treatment Modalities Including DBT, CBT & Trauma-Informed Care
- Psychiatric Medical Services Including Outpatient



SPRAVATO (Esketamine) Clinic

Our SPRAVATO Clinic was established to serve patients with treatment resistant depression and suicidal ideation.

- Psychiatric Evaluations & Medication Management
- Appointments Monday - Friday
- Clinical Therapy Groups

Addiction Medicine | Recovery Medicine

Reg	Practice	Address	City	Phone
GR/MK	Sanford Behavioral Health	15146 16 th Ave	Marne	844-766-9651
GR	THMG Recovery Medicine	300 Lafayette SE, Ste. 3200	Grand Rapids	Ph: 616-685-6920 Fx: 616-685-8946
MK	THMG Recovery Medicine	3570 Henry Street, Ste 220	Norton Shores	Ph: 616-685-6920 Fx: 231-672-7717

Aesthetics

Trinity Health Medical Group - Aesthetics
 3570 Henry Street, Suite 210
 Norton Shores, MI 49441
 231-672-6746



Our Services

- Acne Treatment
- Anti-Aging Products
- Botox® Cosmetic
- Botox® for Axillary Sweating
- Botox® for Migraines
- Chemical Peel
- Clinical Facial
- Dermaplaning
- Facial Fillers
- Kybella®
- Laser Hair Removal
- Lash Lift & Tint
- Microdermabrasion
- Microneedling
- Mineral Makeup Line
- Prescription Strength Skin Care Products
- PRP for Hair Loss & Skin Resurfacing Laser Treatments
- Skin Rejuvenation
- Tattoo Removal
- Thread Lift



Trinity Health Medical Group - Aesthetics
 3570 Henry Street, Suite 210
 Norton Shores, MI 49441
 231-672-6746



Meet Your Skin Care Experts



Irma Parra, MD

Dr. Parra specializes in family medicine, acne treatment, Botox, and aesthetic and laser treatment for various conditions. She is board certified in family medicine and is a member of the American Society for Laser Medicine and Surgery.



Krista Smallbone

Krista is a licensed medical aesthetician, with a life-long passion for aesthetics. Her skills in providing clinical facials, chemical peels and microdermabrasion will have you looking and feeling your best. She also specializes in facial massage and lymphatic drainage massage for the face. She is a Certified ZO Skin Health Specialist.



Misty Carr

Misty is a licensed Cosmetologist who has a passion for helping clients feel and look their best. She offers a variety of services such as Lash Lift and Tint, Microneedling with/without PRP, Chemical Peels, Dermaplaning and Eyebrow shape and tint. She is a Certified ZO Skin Health Expert.

Aesthetics

Reg	Practice	Address	City	Phone
GR	Dermatology Center of Grand Rapids	750 East Beltline Ave	Grand Rapids	616-942-9343
GR	Hand And Plastic	245 Cherry Street SE Ste 302	Grand Rapids	616-459-4131
MU	Lakeshore/Forefront Dermatology Laser & Medical Spa	6225 Prairie Street	Norton Shores	231-798-9501
MU	THMG Aesthetics	3570 Henry Street, Ste 210	Norton Shores	231-672-6746

Allergy & Immunology

Reg	Practice	Address	City	Phone
GR	Allergy & Asthma Care of Western Michigan	1179 East Paris Ave SE 5055 Plainfield NE	Grand Rapids Grand Rapids	616-957-1912 616-988-8515
GR	Grand Rapids Allergy PLC	970 Parchment Dr	Grand Rapids	616-949-4840
GR	Michigan ENT & Allergy	739 East Beltline Ave 3501 Rivertown Ct. SW, Ste 110 6470 Cherry Meadow Dr SE 1555 44 th St SW 1425 Michigan St NE, Ste A	Grand Rapids Grandville Caledonia Wyoming Grand Rapids	616-994-2770
GR	Orandi Allergy and Asthma Center	2221 Health DR SW	Wyoming	616-794-6301
MU	Shoreline Allergy	6215 Harvey St	Muskegon	231-799-8777
MU	Michigan ENT & Allergy	941 West Broadway Ave	Muskegon	616-994-2770
MU	West Shore ENT & Allergy	1450 E Farr Road	Norton Shores	231-739-9095
GH	Michigan ENT & Allergy	17168 Timberview Drive	Grand Haven	616-994-2770
GH	West Shore ENT & Allergy	1600 Beacon Blvd	Grand Haven	231-777-2625

Audiology

Reg	Practice	Address	City	Phone
GR	Ear Nose & Throat Center	2373 64 th Street SW 655 Kenmoor Ave SE	Byron Center Grand Rapids	616-531-4464 616-575-1212
MU	Michigan ENT	3100 N Wellness Drive 557 Seminole Road	Holland Norton Shores	616-994-2770
MU	Shoreline Hearing Center	941 W. Broadway Ave	Norton Shores	231-755-0552
MU	West Shore ENT & Allergy	1450 E Farr Road 1600 Beacon Blvd	Norton Shores Grand Haven	231-739-9095 231-777-2625

Bariatrics



SPECIALISTS IN BARIATRIC & GENERAL SURGERY

OFFERING BOTH SURGICAL AND NON-SURGICAL WEIGHT MANAGEMENT



Comprehensive
Approach with
**Dietitians, Exercise
Physiologists
and Behaviorists**



Robust Program with
**Lifelong Extensive
Support**



Endoscopy Suite
Offering Screening
Colonoscopies and
Upper Endoscopies



Scan to find out more
or to schedule a
consultation!



ACCEPTING
MOST INSURANCE TYPES
GrandHealthPartners.com

Bariatrics

Reg	Practice	Address	City	Phone
GR	Grand Health Partners	2060 E. Paris Ave SE	Grand Rapids	616-956-6100
GR	THMG Bariatrics Grand Rapids	200 Jefferson Ave SE	Grand Rapids	
MU	Life Without Limits	1325 E. Sherman Blvd	Muskegon	231-737-8446

Behavioral Health Services

Meet Kelli Postema LMSW-CoFounder and CEO of Hope & Healing Counseling



Kelli Postema is a Licensed Clinical Social Worker (LMSW-C) with a Master of Social Work degree from Western Michigan University. Her career began in community mental health and public housing, but her passion for working with incarcerated individuals led her to roles in a county jail and with the Michigan Department of Corrections, where she worked in outpatient mental health and was part of the wellness team that provided mental health support to correctional employees and their families. Currently, Kelli focuses on treating individuals with a history of trauma, anxiety, and depression. She creates a warm and supportive environment at Hope & Healing Counseling in Hudsonville, MI. Outside of work, Kelli enjoys family time and cherishes her beloved Border Collie, Walter, who is in training to become an office therapy dog. Kelli believes in the power of community and is excited to walk alongside you on your path to wellness.

Meghan McGillis LMSW-C



[Accepting new patients](#)
Meet Meghan McGillis, LMSW-C

Meghan McGillis holds a Master of Social Work degree from Western Michigan University and brings over 10 years of clinical experience across diverse settings. Her career has included work in crisis intervention, structured outpatient programs, institutional care, clinical case management, and school social work, particularly with individuals facing severe emotional challenges. Meghan has also had the privilege of providing clinical supervision to social work students, interns, and professionals.

Her experience spans a variety of therapeutic areas, including:

- Depression, Anxiety, and Trauma
- Support for Individuals with Special Needs

Meghan's approach to therapy is collaborative and centered on developing goals together with her clients. She values ongoing evaluation and adjustment of therapeutic strategies to best meet individual needs. She offers a range of services, including individual, couples, family, and group therapy.

Trained in Cognitive Behavioral Therapy (CBT), Solution-Focused Therapy, and Crisis Intervention, Meghan is committed to continuous professional development. She is deeply dedicated to a holistic, integrative approach to mental health, with particular attention to the effects of loss and trauma. Meghan focuses on enhancing trauma recovery, aiming to improve emotional well-being, physical health, and relationships.

Amber Schneider LMSW



[Accepting new patients](#)

Making the first therapy appointment can be a huge step, and I want to commend you for taking it. Reaching out for support shows incredible strength and courage.

I specialize in working with individuals ages 14 and older, particularly those who are dealing with anxiety, depression, and navigating major life changes. In my work, I focus on creating a warm, non-judgmental space where you can feel safe to explore your thoughts, feelings, and experiences.

I approach therapy with a client-centered mindset, meaning I tailor our work to meet your unique needs and goals. Together, we'll work at your pace to understand what you're going through, build coping skills, and navigate whatever challenges you're facing.

Whether you're struggling with anxiety, depression, grief, navigating [a trauma](#), or simply trying to manage a period of change in your life, I'm here to help you find clarity and strength. My goal is to empower you with the tools to not only cope with life's challenges but to move through them with greater resilience and peace.

Throughout our work together, you'll be supported and encouraged, and I'm always amazed at the strength and progress my clients make. I truly believe that everyone has the capacity to heal and grow, and I'm excited to walk alongside you on that journey.

Outside of my work, I enjoy reading mystery novels, binge-watching [cringe](#) reality TV, traveling, and spending time with my nieces, which helps me stay balanced and grounded as I continue my own personal growth and learning.

Marissa Brill LMSW



[Accepting new patients](#)

Reaching out for support for yourself and/or your child(ren) is a brave and often vulnerable first step and I am so glad you're here. I consider it my greatest honor to walk through that vulnerable place with you and offer a space that feels warm, accepting, non-judgmental, and authentic.

I specialize in working with kids (ages 3+), teens, young adults, and parents/guardians and have a unique set of skills and knowledge built through working in schools and community mental health to help my clients work through challenges they face in all areas in their life, whether it's navigating school-related anxiety, adjusting to life changes and stressors, healing from trauma, improving parenting skills, or better understanding strengths and challenges related to ADHD and other diagnoses and neurotypes.

My approach first and foremost is trauma-informed and person-centered - meaning I believe strongly that feelings of safety and trust are the building blocks toward healing at any age. With my younger clients, I most often approach treatment from a play-based model, meeting my clients where they are [developmentally](#) and using their first and primary language (play!) to support them in meeting their goals. With older clients, I most often draw from approaches such as Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), somatic work, solutions-focused therapy, and strengths-based approaches. I also believe strongly in helping my clients (and their caregivers!) understand the *why* behind my approaches - the evidence, the science behind the brain and nervous system and their influence on emotions and behaviors, and more.

Throughout our work together, my biggest hope is that you and/or your child will feel supported, encouraged, and accepted whole-heartedly so that healing and growth can flourish. I look forward to walking alongside you [in](#) that journey!

Behavioral Health Services

Reg	Practice	Address	City	Phone
GR	Sanford Behavioral Health	15146 16 th Ave	Marne	616-557-7753
GR	Hope & Healing Counseling	5445 32 nd Ave, Ste 160	Hudsonville	616-209-8280
MU	Hackley Community Care	2700 Baker St	Muskegon	231-737-1335

Bladder – See Urogynecology

Breast

Reg	Practice	Address	City	Phone
GR	The Breast Center Lacks Comprehensive Breast	250 Cherry Street SE, Level 2	Grand Rapids	616-685-6756
MU	TH Breast Center Risk Plus Clinic at Breast Center	6401 Prairie Street, Ste 2300	Norton Shores	231-672-7948

Breast

Working with Patients
Every Step of the Way

Trinity Health Breast Center

The dedicated team of breast health experts at Trinity Health Breast Center focuses on breast health diagnosis and management. We offer a complete program for custom screening, risk management and treatment of breast cancer. We utilize state-of-the-art diagnostic imaging techniques, and you have access to the latest clinical research trials.

Committed to following NCCN and NAPBC guidelines, our team participates in breast-specific continuing education each year in addition to attending a multidisciplinary tumor board conference so that treatment plans can be made in collaboration with other specialties. They also take pride in helping to screen patients for breast-related clinical trials.

To learn more, visit
TrinityHealthMichigan.org/Mammography

Breast Evaluation Center – Grand Haven

1309 Sheldon Road • Grand Haven

Breast Center – Grand Rapids Campus

250 Cherry Street SE, Level 2 • Grand Rapids

Breast Center – Lakes Village

6401 Prairie Street, Suite 2300 • Norton Shores



Collaboration Across West Michigan

The Cancer Network of West Michigan is a joint venture between Trinity Health and the University of Michigan Health – West.



Jamie Caughran, MD, FACS
Lead Medical Director,
Oncologic Surgical
Specialties; Fellowship-
Trained Breast Surgeon
Grand Rapids



Bess Connors, MD
Medical Director,
Breast Center;
Fellowship-Trained
Breast Surgeon
Grand Rapids



Courtney Garlick, MD
Medical Director,
Breast Center;
Fellowship-Trained
Breast Radiologist
Muskegon



Jennifer Rollenhagen, MD
Medical Director,
Fellowship-Trained
Breast Radiologist
Grand Rapids



Courtney Anderson, PA-C
High Risk Breast Care,
Advance Practice
Professional
Grand Rapids



Kelly Jensen, PA-C
High Risk Breast Care
Coordinator, Advance
Practice Professional
Muskegon



Madisyn Gray, PA-C
High Risk Breast Care,
Advance Practice
Professional
Grand Rapids



Samantha Smith, PA
High Risk Breast Care,
Advance Practice
Professional
Grand Rapids



Katie Bouwhuis, RN, BSN, OCN
Nurse Navigator
Grand Rapids



Candy Murphey, RN, MSN, CN-BN
Nurse Navigator
Muskegon



Stacey Newmyer, RN, BSN, CN-BN
Nurse Navigator
Muskegon



Karla Krueger, MS, LCGC
Genetic Counselor
Grand Rapids

Frances Johnson, RN
Genetics Professional
Muskegon

Kate Rassmussen, RN
Nurse Navigator
Grand Haven

Cardiology/Heart

Trinity Health Medical Group, Cardiology

Heart & Vascular Services

Medical Group, Cardiology physicians are board certified and specialize in the diagnosis and treatment of heart disease. The team performs special procedures for the proper treatment of heart conditions. Working with primary care physicians, our experts can recommend the very best care for your heart.

Cardiac Health Management Services

- Arrhythmia management
- Cardiomyopathy
- Complete consultation, assessment and plan for individualized treatment
- Congestive heart failure clinic
- Coumadin testing and teaching
- Lipid management
- Coronary artery disease (CAD) management
- Full-service pacemaker/implantable cardioverter defibrillator clinic and remote monitoring
- Presurgical evaluation
- Valvular heart disease
- Enhanced external counter-pulsation therapy (EECP)

Outpatient Diagnostic Testing Center

- Carotid duplex ultrasound
- Echocardiogram (echo), ICAEL Accredited
- Electrocardiogram (EKG)
- Graded exercise treadmill testing
- Holter and event monitors
- Nuclear stress testing, ICANL Accredited
- Stress echocardiogram



Muskegon
1212 E. Sherman Boulevard
Muskegon, MI 49444

2525 Roberts Street
Muskegon, MI 49444

Grand Haven
1445 Sheldon Road, Suite 102
Grand Haven, MI 49417

Ludington
5656 W. US 10
Ludington, MI 49431



Trinity Health Medical Group, Cardiology *continued*

Hospital Management Services

- Cardiac catheterizations
- Cardiac contractility modulation
- CardioMEMS
- Coronary angioplasty and stenting (PCI)
- Electrical cardioversions
- Emergency (heart attack) angioplasty
- Inpatient consultation
- Inpatient diagnostic testing
- Pacemaker, bi-ventricular pacemaker, internal cardiac defibrillator implantation and loop recorders
- Structural heart procedures (ASD, PFO, TAVR)
- Transesophageal echocardiogram (TEE)

To learn more or refer a patient, call 231-672-3500 or toll free 1-800-968-5483.



Trinity Health Medical Group, Cardiovascular

Heart & Vascular Services

Our mission at Trinity Health Medical Group, Cardiovascular is to improve the quality of life for individuals with cardiovascular disease. We provide our patients with expert medical and advanced care nursing. Using diagnostic testing, medical intervention and patient education, we strive to promote cardiovascular health and disease prevention.

Cardiac Health Management Services

- Arrhythmia management
- Cardiomyopathy
- Complete assessment and individualized treatment plan
- Congestive heart failure clinic
- Hypertension and CAD management
- Lipid management
- Loop recorders
- Pacemaker/implantable cardioverter defibrillator clinic
- Preoperative evaluation
- Valvular heart disease

Vascular Care

- Carotid, renal, arterial and venous ultrasound
- Peripheral arterial atherectomy, angioplasty and stenting
- Renal artery stenting

Outpatient Testing Center

- Cardiac CT
- Echocardiogram (echo), including 3D and TEE
- Electrocardiogram (EKG)
- Graded exercise treadmill testing
- Holter and event monitors
- Nuclear stress testing
- Stress echocardiogram

Hospital Management

- Cardiac catheterizations
- Coronary angioplasty and stenting (PCI)
- Electrical cardioversions
- Emergency (heart attack) angioplasty
- ASD/PFO closures
- Inpatient consultation and admission
- Inpatient diagnostic testing
- Transesophageal echocardiogram (TEE)

To learn more or make a referral, call 616-685-3450.

East Paris: 1000 E Paris SE, Suite 200, Grand Rapids, MI 49546
Grand Rapids Campus: 310 Lafayette Avenue S, Suite 300, Grand Rapids, MI 49503

Byron Center: 2373 64th Street SW, Suite 1304, Byron Center, MI 49315



Cardiology/Heart

Reg	Practice	Address	City	Phone
GH	THMG Cardiology – Grand Haven	1445 Sheldon Road, Ste 102	Grand Haven	231-672-3500
GR	West Michigan Cardiology	743 East Beltline Ave, NE	Grand Rapids	616-456-9553
LUD	THMG Cardiology – Ludington	5656 W US Highway 10	Ludington	231-316-1045
MK	THMG Cardiology – Muskegon	1223 Mercy Drive	Muskegon	231-672-3500
MK	THMG Cardiology Diagnostics	2525 Robers Street	Muskegon	231-672-3500

Cardiothoracic Surgery/Cardiovascular

Reg	Practice	Address	City	Phone
GR	THMG Cardiovascular – Byron Center	2373 64 th Street, Ste 1304	Byron Center	616-685-3450
GR	THMG Cardiovascular – East Paris	1000 East Paris Ave SE, Ste 200	Grand Rapids	616-685-3450
GR	THMG Cardiovascular – Grand Rapids Campus	310 Lafayette Ave SE, Ste 300	Grand Rapids	616-685-3450
MK	THMG Cardiothoracic Surgery – Muskegon Campus	1560 E Sherman Blvd, Ste 309	Muskegon	231-672-8643

Chiropractic

Reg	Practice	Address	City	Phone
GR	Family Chiropractic Healthcare Center	3299 Clear Vista Circle, Ste C	Grand Rapids	616-363-7713

Dermatology

Reg	Practice	Address	City	Phone
GR	Dermatology Specialists of Grand Rapids	1000 East Paris Ave, Ste 104	Grand Rapids	616-369-1600
GR	Forefront Dermatology	2525 East Paris Ave SE	Grand Rapids	616-678-2070
GR	West Michigan Dermatology	3434 Rivertown Point Ct. SW 3290 N Wellness Dr. Bldg. D, Ste 240 6150 Northland Dr.	Grandville Holland Rockford	616-257-3344 616-395-9379 616-942-9343
GR	Wolverine Dermatology	1673 Gezon Parkway	Wyoming	616-243-3376
MU	Forefront Dermatology	1600 S Beacon Blvd	Grand Haven	616-268-2001
MU	Lakeshore/Forefront Dermatology Laser & Medical Spa	6225 Prairie Street	Norton Shores	231-798-9501
MU	Muskegon Surgical Associates (MSA)	1675 Patriot Dr	Muskegon	231-737-4194

Diabetes and Endocrine

Endocrine/Thyroid Disease Care

Thyroid disorders are complex and affect different people in different ways depending on their lifestyle and age.

With quick diagnosis featuring ultrasound conducted right in our state-of-the-art offices, our team of experts will interpret your results and provide a comprehensive plan for treatment and therapy.

SERVICES

- Thorough work-up and complete endocrine evaluation
- Reclast infusion
- In-office thyroid ultrasound
- Coordinated care with radiology and surgical offices

We offer an interdisciplinary approach to the diagnosis and

treatment of the full range of thyroid disorders, including:

Endocrine

- Hyperlipidemia
- Osteoporosis
- Pituitary disorders
- Adrenal disorders
- Hypogonadism
- Abnormal thyroid tests
- Transgender medicine

Thyroid

- Thyroid nodules
- Goiter
- Graves' disease

Thyroid Conditions

- Hyperthyroidism
- Hypothyroidism
- Thyroid cancer
- Pregnancy and postpartum
- Hashimoto's thyroiditis

Meet Our Diabetes & Endocrine Team



Josefina Shen, MD, FACE
Endocrinologist,
Diabetes Care



Courtney Soubliere, DO, FACE, CCD
Endocrinologist,
Diabetes Care



Cyprian Gardine, MD, PHD, FACE
Endocrinologist,
Diabetes Care



Anita Eapen, MD
Endocrinologist,
Diabetes Care



Ashley Therasse, MD
Endocrinologist,
Diabetes Care



Sudha Penumala, MD
Endocrinologist,
Diabetes Care



Bryn Pape, DO
Endocrinologist,
Diabetes Care



Benjamin Borton, DNP
Diabetes Care



Kevin Hengeveld, DNP
Diabetes Care



Leda Evans, DNP, NP-C
Diabetes Care



Andrew Johnson, PA-C
Diabetes Care



Lauren Greifenberg, PA
Diabetes Care



Jackie Nicholls,
RN



Lisa DeVries,
RN, BSN, CDCES



Michelle Lalick,
RN, BSN, CDCES



Allison Willett,
RDN



Sarah Price,
MS, RDN



Tara Couturier,
RD, CDCES



Rebecca Fisk,
PharmD, BC-ADM

THM1 W11794-2532 2/C

To learn more about our services,
call 616-685-3098

Grand Rapids Campus

300 Lafayette Avenue SE, Suite 2045
Grand Rapids, MI 49503
616-685-3098 • 877-732-3098

Hackley

1675 Leahy Street, Suite 215A
Muskegon MI 49442
231-672-3098

Diabetes and Endocrine

Reg	Practice	Address	City	Phone
GR	THMG Diabetes and Endocrine GR	300 Lafayette Ave SE, Ste 2045	Grand Rapids	616-685-3098
MU	THMG Diabetes and Endocrine MU	1675 Leahy Street, Ste 215A	Muskegon	616-685-3098

ENT/Otolaryngology

Reg	Practice	Address	City	Phone
GR	Ear Nose and Throat Center	2373 64 th Street SW 655 Kenmoor Ave SE	Byron Center Grand Rapids	616-531-4464 616-575-1212
GR	Grand Rapids Ear Nose and Throat PC	1425 Michigan St NE 1555 44 th Street SW	Grand Rapids Wyoming	616-459-4514 616-249-8000
GR	MI ENT and Allergy Specialist	6470 Cherry Meadow Drive SE 739 East Beltline 3501 Rivertown Point Ct 3100 N. Wellness Dr	Caledonia Grand Rapids Grandville Holland	616-994-2770 616-994-2770 616-994-2770 616-994-2770
MU	MI ENT and Allergy Specialist	557 Seminole Road	Norton Shores	616-994-2770
MU	West Shore ENT and Allergy	1450 E Farr Road	Norton Shores	231-739-9095
GH	MI ENT and Allergy Specialist	17168 Timberview Drive	Grand Haven	616-994-2770
GH	West Shore ENT and Allergy	1600 Beacon Blvd	Grand Haven	231-777-2625

Fertility

Reg	Practice	Address	City	Phone
GR	IVF Michigan	555 Mid Towne Street NE	Grand Rapids	616-367-5050

Gastroenterology

Reg	Practice	Address	City	Phone
GR	Grand Health Partners	2060 E. Paris Ave SE 1309 Sheldon Rd	Grand Rapids Grand Haven	616-956-6100 616-847-5489
GR	THMG Gastroenterology – Grand Rapids	310 Lafayette Avenue SE, Ste 400	Grand Rapids	616-752-6525
GH	THMG Gastroenterology Grand Haven	1310 Wisconsin Street, Ste 200	Grand Haven	616-296-1640
MU	THMG Gastroenterology – Muskegon	1675 Leahy Street, Ste 324B	Muskegon	231-672-8700

General Surgery

Reg	Practice	Address	City	Phone
GR	THMG Wege Specialty Clinic – General Surgery			616-685-6920 616-685-8946 Fax
GR	West MI Surgical Specialists	1045 Gezon Parkway SW	Wyoming	616-456-5311
MU	Life Without Limits	1325 E Sherman Blvd	Muskegon	231-737-8446
MU	Muskegon Surgical Associates	1316 Mercy Drive	Muskegon	231-739-9461
MU	THMG General Surgery-North Ottawa/Grand Haven	1445 Sheldon Rd, Ste 304	Grand Haven	616-844-4720

Geriatric Medicine

Get to Know Trinity Health Medical Group, Geriatrics – Grand Rapids

At Trinity Health Medical Group, Geriatrics – Grand Rapids, we provide personalized in-home primary care for independent living residents at the Holland Home Breton Woods and Raybrook campuses, as well as Beacon Hill at East Gate. Our dedicated providers also offer care in the assisted living and skilled nursing areas of these communities, ensuring a seamless transition as residents' needs evolve.

In addition to primary care, we offer social work and care management services, all within the comfort of your home. With expertise in geriatric medicine, advanced practice nursing and pharmacy, our team is committed to helping manage your care with compassion and efficiency.

If you think our program may be a good fit for you or your loved one, please call 616-685-3330.



Ron Duemler, MD Robert Riekse, MD Alison Aubry, MSN, NP-C



Grace Hoffman, DNP, NP-C Gabriella Keefe, NP-C Emily Keen, MSN, NP-C



Sarah Rich, MSN, NP-C Marion Sarjo, MSN, NP-C



Shea Wallus, LMSW Kellie Foust, RN
Care Manager

TrinityHealthMichigan.org/PrimaryCare

Trinity Health Medical Group, Advanced Care Coordination – Grand Rapids

Trinity Health Medical Group, Advanced Care Coordination – Grand Rapids provides transitional medical care for adults over the age of 65 who are homebound or experiencing acute health decline.

Additionally, our experts in geriatric medicine provide comprehensive geriatric assessments (CGA) in both home and office settings. We value care coordination and work in collaboration with your primary care and specialist providers.

With expertise in geriatric medicine, advanced practice nursing and pharmacy, our providers help manage care within Trinity Health in our community.

Contact your primary care physician if you think this program might be right for you.

Trinity Health Medical Group, Advanced Care Coordination – Grand Rapids
Phone: 616-685-3330
Fax: 616-685-8915

RN Care Managers:
Julie Anderson and Kelli Foust



Alison Aubry, MSN, NP-C Lara Dengerink VanTil, DNP, NP-C Grace Hoffman, DNP, NP-C Joanne Jepsen, NP-C



Gabriella Keefe, NP-C Emily Keen, MSN, NP-C Sara Kirchoff, LMSW Erik Kooyer, MD



Kelly O'Sullivan, MD Sarah Rich, MSN, NP-C Mary Jo Richard, MSN, NP-C Troy Silvernale, DO



Stephanie Smith, DNP, NP-C Janice Walcott, MSN, NP-C

Trinity Health Medical Group, Geriatrics – Medical Pavilion

Trinity Health Medical Group Geriatrics' mission is to care for older adults by identifying ways to preserve an individual's independence and quality of life through the use of medical care, family and community resources.

- Primary care in our accessible and friendly office
- Home care to provide comfort and ease of access
- Care management to improve and effectively manage health conditions
- Behavioral health specialists to support mental health care
- Long-term care
- Consultative care
- Chronic pain management
- Physical therapy
- On-site lab and pharmacy
- Video visits available

Call 231-672-6740 for an appointment!

Trinity Health Medical Group, Geriatrics – Medical Pavilion
1150 E Sherman Boulevard, Suite 1175
Muskegon, MI 49444



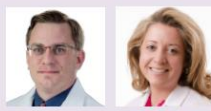
Nathan Dills, DO Jay Klein, DO, CMD Amanda Rodriguez, DO*
Geriatric Medicine Family & Geriatric Medicine Geriatric Medicine



Katherine Young, MD Denise Bailey, PA-C Meredith Heinlein, DNP, GNP-C
Family Medicine



Kristi Lanings, ANP-C Michelle Miller, FNP-C



Glen VanderSchaaf, FNP-C Sara Kirchoff, LMSW

*Dr. Rodriguez is also a provider at Trinity Health Medical Group, Academic Geriatrics – Medical Pavilion

Trinity Health Medical Group, Academic Internal Medicine – Medical Pavilion

Trinity Health Medical Group, one of the largest primary care and specialty physician networks in West Michigan, is committed to providing excellent access to health care, a more informed patient experience, and life-long, patient-doctor relationships.

- Adult health care
- General medical exams and yearly physicals
- Treatment of acute illnesses, such as upper respiratory infections or skin infections
- Immunizations
- Minor surgical procedures (stitches, lesions, etc.)
- Online scheduling and video visits available

Trinity Health is dedicated to the continued pursuit of medical education for our clinical staff. As a result, your appointment may be scheduled with a resident who is overseen by our attending physicians.

Trinity Health Medical Group, Academic Internal Medicine – Medical Pavilion
1150 E Sherman Boulevard, Suite 1100
Muskegon, MI 49444

Schedule your next appointment online.



Medical residents are licensed physicians who have earned their medical degree (MD or DO) and are completing training to be eligible for board certification in primary care or a specialty field.



Gregory Holton, MD Marcela Novakosky, MD
Internal Medicine Internal Medicine



Geriatric Medicine

Reg	Practice	Address	City	Phone
GR	THMG Geriatrics Grand Rapids	200 Jefferson	Grand Rapids	616-685-1835
MU	THMG Geriatrics – Medical Pavillion	1150 E Sherman Blvd, Ste 1175	Muskegon	231-672-6740

Gynecologic Oncology

Gynecologic Oncology Program



~ PHILOSOPHY OF CARE ~



Andrea Buras, MD

"I value developing relationships with my patients, providing education and empowering them so together we can make the best decisions for their care."



Margaret Whicker, MD

"From the initial surgery to chemotherapy to palliative care, my role is to partner with my patient and her family to provide the most advanced medical and surgical treatment while prioritizing quality of life and symptom management."



Christiana DeWys, PA

"Teaching and allowing time for patient education about disease processes and treatment plans is a highlight of my practice."

Comprehensive care for all gynecologic malignancies, including surgical management and chemotherapy

Gynecologic cancer types

- Cervical Cancer
- Endometrial Cancer
- Ovarian Cancer
- Vulvar/Vaginal Cancer
- Gestational Trophoblastic Disease

Additional services include:

- Minimally invasive surgery
- Heated intraperitoneal chemotherapy (HIPEC)
- Hereditary cancer syndrome management and risk reducing surgeries
- Management of preinvasive gynecologic conditions including genital dysplasia and endometrial hyperplasia
- Complex benign gynecologic surgery

For more information call, 616-685-5600

TrinityHealthMichigan.org/CancerCare

THMI W05614-2305 BF

Trinity Health Lacks Cancer Center • 250 Cherry Street SE, Grand Rapids MI 49503

Gynecologic Oncology

Reg	Practice	Address	City	Phone
GR	THMG Gynecologic Oncology Grand Rapids Campus	250 Cherry Street, SE	Grand Rapids	616-685-5600

Hand Surgery

Reg	Practice	Address	City	Phone
GR	Hand and Plastic Surgery Centre PLC	245 Cherry Street, SE	Grand Rapids	616-459-4131
MU	Muskegon Surgical Associates	1675 Patriot Drive 1316 Mercy Drive	Muskegon Muskegon	231-739-9461 231-739-9461
MU	OAMuskegon	1400 Mercy Drive	Muskegon	231-733-1326

Heart Failure

Outpatient Heart Failure Clinic

We'll help you manage the symptoms of heart failure, improve your quality of life and enhance your well-being. The goal of the Heart Failure Clinic is to help you lead a full and productive life and keep you out of the hospital and emergency room.

Tips for Home Management

Heart failure needs to be managed 24 hours a day. Here are some helpful suggestions to help you manage your heart failure at home:

- Weigh yourself daily before breakfast, minimally clothed and around the same time.
- Take your blood pressure and heart rate 1–2 hours after taking your morning medication.
- Limit salt intake to 1500 milligrams (mg) daily. Too much salt can cause excess fluid, which can cause complications with your heart failure.
- Limit fluid intake to 2 quarts or 64 oz. each day.
- Pace yourself with activity. You may need frequent rest periods. Increased activity may cause your heart to pump faster and harder.
- Take the medications prescribed to you every day, around the same time.

About the Clinic

- The Outpatient Heart Failure Clinic is run by doctorally prepared nurse practitioners who will help you optimize your guideline directed medical therapy to improve your heart's function. They will also oversee your care and progress by monitoring your weight, performing a physical exam, and reinforcing the guidelines of a heart-healthy diet.
- A cardiologist serves as the medical director and provides expert consultation.

How the Clinic Works

- To get started, a referral is needed from your primary care provider (PCP) or cardiologist.
- The first visit takes approximately 90 minutes.
- Recheck visits are approximately 30 minutes and are a time for review, brief physical exam, weight check, and question and answer time. These visits vary according to individual needs.

Continues on back



Katie Alfredson, NP
Nurse Practitioner

Katina Kuerth, NP
Nurse Practitioner



Eric Shafer, DO
Cardiologist,
Medical Director

Trinity Health Outpatient Heart Failure Clinic
Heart Center
1212 E Sherman Blvd, Suite 1
Muskegon, MI 49444



SCAN HERE
for more
information.

**TrinityHealthMichigan.org/
Cardiovascular**



Outpatient Heart Failure Clinic

How the Clinic Works *(continued)*

- During each visit, the nurse practitioner will evaluate your medications and may make changes to improve your heart's function and reduce heart failure symptoms.
- Between office visits, the office nurse may adjust your water all to address fluid overload. This can help you feel better and help you avoid the hospital.
- Periodic visits with the nurse practitioner will assist you in maintaining a healthier lifestyle.
- The nurse practitioner can assist in referrals to various specialties such as nephrology, sleep medicine, cardiac rehab, LVAD/transplant clinics, and dietary services.
- The clinic accepts most insurance plans.
- The clinical team may be able to assist with medication financial assistance, depending on your insurance coverage.
- You may also meet with the pharmacist between office visits to review your medications and further optimize your regimen.
- The clinic will communicate with your primary care provider and cardiologist to ensure coordination of care.

Goals of the Clinic

The Outpatient Heart Failure Clinic hopes to improve your quality of life and enhance your well-being by managing the symptoms of heart failure. In addition, the Heart Failure Clinic offers these other benefits:

- Achieve your maximum heart strength and function through medication management.
- Empower yourself through education to make necessary lifestyle changes, such as diet and exercise.
- Access community and financial resources.
- Gain peace of mind, knowing that our team is closely monitoring your health and well-being.
- Improve overall health to avoid hospitalization.

What is Heart Failure?

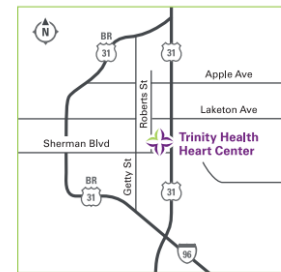
Heart failure occurs when the heart becomes weak and does not pump properly.

Signs and Symptoms of Heart Failure

- Overnight weight gain of 2–3 pounds or 5–7 pounds in one week
- Worsening shortness of breath; especially noticeable while trying to sleep
- Pronounced sense of fatigue compared to normal
- Retention of fluid in legs, ankles or even stomach
- Increased lung congestion or cough, which may worsen at night when laying down

If you have additional questions or would like more information, call 231-672-6942.

The Outpatient Heart Failure Clinic office is located at the Trinity Health Heart Center on the corner of Roberts St and Sherman Blvd, across the street from Trinity Health Medical Center – Medical Pavilion.



Heart Failure

Reg	Practice	Address	City	Phone
MU	TH Congestive Heart Failure (CHF) – Muskegon/TH Outpatient Heart Failure Clinic	1212 E Sherman Blvd	Muskegon	231-672-6942

Hematology and Medical Oncology

Hematology Oncology

Dedicated to providing compassionate, patient-centered care tailored to your unique journey, our Hematology Oncology team combines the latest advancements in cancer treatment with personalized support, ensuring you receive the highest quality of care every step of the way. Your health and well-being are our top priorities.

**Trinity Health Medical Group,
Hematology Oncology –
Grand Rapids Campus**
Lacks Cancer Center
250 Cherry St SE, Level 1
Grand Rapids, MI 49503
616-685-5600 (option 1)



The Cancer Network of West Michigan, a joint operating agreement between Trinity Health and University of Michigan Health–West, leverages the combined resources and capabilities of the two award-winning West Michigan health systems and Michigan Medicine, the academic medical center of the University of Michigan.



Neurologic Oncology

Providing Treatment and Care for Brain and Nervous System Tumors

- Diagnosis and treatment of patients with primary brain tumors (glioblastoma, astrocytoma, oligodendroglioma, meningioma, etc.)
- Diagnosis, treatment and management of neurologic complications of cancer
- Diagnosis and management of leptomeningeal metastases

At Trinity Health Lacks Cancer Center, patient-centered care is provided by a multidisciplinary team of board certified experts in cancer care and some of the best technology in this state-of-the-art facility.

**Trinity Health Medical Group,
Neurologic Oncology**
Lacks Cancer Center
250 Cherry St SE
Grand Rapids, MI 49503
616-685-5600



The Cancer Network of West Michigan, a joint operating agreement between Trinity Health and University of Michigan Health–West, leverages the combined resources and capabilities of the two award-winning West Michigan health systems and Michigan Medicine, the academic medical center of the University of Michigan.



Lindsay Robell, MD
Neuro-Oncologist



Margaret Konwinski, NP
Neuro-Oncology Nurse Practitioner



SCAN HERE
for more information.

- Learn more about:
- Our providers and office hours
 - Making an appointment

[TrinityHealthMichigan.org/
Lacks-Cancer-Center](http://TrinityHealthMichigan.org/Lacks-Cancer-Center)



West MI Medical Group
THM-W10644-2506-MD



West MI Medical Group
THM-W11107-2506-MD

Hematology and Medical Oncology

Reg	Practice	Address	City	Phone
GR	THMG Hematology Oncology Lacks Cancer Center	250 Cherry Street SE Level 1	Grand Rapids	616-685-5600
GR	University of MI Health-West	5900 Byron Center Ave	Wyoming	616-252-7200
GR	THMG Neuro Oncology			66-685-5203
GR	Cancer & Hematology Centers of WMI	12460 Riley Street 5800 Foremost Drive SE 145 Michigan Street NE	Holland Grand Rapids Grand Rapids	616-399-6500 616-389-1800 616-954-9800
MU	Cancer & Hematology Centers of WMI	6425 S Harvey Street	Norton Shores	231-737-3469

Hospice & Palliative Care

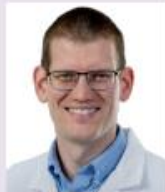
Reg	Practice	Address	City	Phone
GH	*Trinity Health at Home Hospice & Palliative Care	1601 S Beacon Blvd, Ste 100	Grand Haven	616-846-2015
MU	Harbor Hospice & Palliative Care	6425 S Harvey Street	Norton Shores	231-737-3469

*Trinity Health at Home Hospice and Palliative Care serve all of Muskegon County & All of Ottawa Count. Kent Count zip codes below are also served.

49351	Rockford
49315	Byron Center
49468	Grandville
49501	Grand Rapids
49514	Grand Rapids
49319	Cedar Springs
49321	Comstock Park
49330	Kent City
49341	Rockford
49345	Sparta
49418	Grandville
49503	Grand Rapids
49504	Grand Rapids
49505	Grand Rapids
49506	Grand Rapids
49507	Grand Rapids
49508	Grand Rapids
49509	Wyoming
49519	Wyoming
49525	Grand Rapids
49534	Grand Rapids
49544	Grand Rapids
49548	Grand Rapids

Infectious Disease/Hepatitis C Clinic

Infectious Disease



**Jake Baker,
MD, PhD**



**Bianca
Bondici, MD**



**Nnaemeka
Egwuatu, MD, MPH**



**Minerva
Galang, MD**



**Andrew
Jameson, MD**



**Jacqueline
Johanson, PA**



**Jennifer
Lackman, PA**



**Lucy
Ledesma, NP**



**Ryan Tomlin,
PharmD**

Trinity Health Medical Group, Infectious Disease

Wege Medical Center
310 Lafayette Ave SE, Suite 410
Grand Rapids, MI 49503

[TrinityHealthMichigan.org/THMG](https://www.TrinityHealthMichigan.org/THMG)

Our infectious disease experts help people with bacterial, fungal and viral infections. These include bloodstream infections and complex or rare conditions caused by emerging infectious diseases and multi-drug-resistant organisms. We care for general medical and surgical patients while in the hospital. We also specialize in infectious disease care for patients with specific needs, such as transplant patients, people with complicated wound infections due to diabetes, or persons living with HIV. We will work alongside your referring physician for continued support.

When you have an infectious disease, you might feel uncertain or anxious about what to do next. We understand how unnerving this can be. That's why you can count on us for compassionate care, from evaluation and testing through treatment and recovery.

Ask your primary care provider (PCP) for a referral to start treatment with our dedicated team.

Our Services

- Medical care
- Pharmaceutical care
- Preventive care
- Referrals to support services

Specialty Care and Support for the Treatment and Prevention of HIV

For HIV referrals, contact Trinity Health Medical Group, McAuley Clinic – Grand Rapids Campus (located within the Infectious Disease suite). Call Salman Shafi, BA, case manager/HIV early intervention specialist, at 616-685-8233 (direct), 616-685-8200 (main) or fax 616-685-8202.

Additional Resources

- **Free HIV Screening:** Kent County Health Department offers confidential and anonymous HIV rapid tests and counseling: 700 Fuller Ave NE, Grand Rapids, MI 49503, 616-632-7171
- **HIV Testing Law:** Learn more about HIV and services available statewide: [Michigan.gov/hivstd](https://www.Michigan.gov/hivstd)

THMI-W13249-2508-MD



**West MI
Medical Group**

Infectious Disease/Hepatitis C Clinic

Reg	Practice	Address	City	Phone
GR	THMG Infectious Disease Grand Rapids Campus	310 Lafayette Ave SE, Ste 410	Grand Rapids	616-685-8200
MU	THMG Infectious Disease – Hackley	1675 Leahy Street, Ste 301A	Muskegon	231-672-8300

Infusion

Trinity Health Infusion Services



As options for infusion providers in the region continue to expand, Trinity Health Infusion Services is here to serve as the primary infusion partner for your patient's infusion care needs.

Trinity Health Infusion Services sets itself apart by providing collaborative support to develop infusion therapy best practices, improve patient experience, and increase affordability of infusion therapy.

Last year in West Michigan, Trinity Health Infusion Services:

- Provided over 21,600 infusions
- Saved our patients 8.7 million dollars directly in out-of-pocket expense by leveraging experienced Clinical Financial Consultants

Extraordinary Services for You and Your Staff

- Simplified referral process with coordination of care and access to EPIC for streamlined communication
- Benefits investigation, coverage verification and completion of medication prior authorizations
- Ownership of certificate for medical necessity
- Screening for site of care restrictions to identify the best site of care for the infusion
- Support available to triage infusion care outside of Trinity Health when required by insurance
- We schedule the infusion visit directly with the patient

Benefits For Your Patients

- Copay and patient assistance program enrollment supported by clinical financial consultants
- Infusions administered in most appropriate setting for the patient with home infusion services available
- Coordination and continuity of care with direct access to patient medical history in EPIC
- Most insurance plans accepted

Locations and Communication

Easy ways to order: submit order electronically, via EPIC or fax or phone call

Trinity Health Infusion Services - Grand Rapids

250 Cherry Street, Level 2
Grand Rapids, MI 49503

EPIC: MGRLC Lacks Infusion Center

Phone: 616-685-5040

Fax: 616-685-3035

Hours: Monday-Friday 7:30 am-5 pm

Trinity Health Infusion Pharmacy - Cathedral Square

360 Division Avenue South, Suite 1D
Grand Rapids, MI 49503

EPIC: Pending. Use phone or fax.

Phone: 616-685-1111

Fax: 616-685-1122

Hours: Monday-Friday 8:30 am – 5 pm

Trinity Health Infusion Services - Muskegon

1500 E. Sherman BLVD
Muskegon, MI 489444

EPIC: MCMU Infusion Center

Phone: 231.672.4887

Fax: 231.672.3970

Hours: Monday-Friday 7 am-5:30 pm

Trinity Health Infusion Services - Shelby

72 S. State Street
Shelby, MI 49455

EPIC: LCSH Ambulatory Care

Phone: 231.672.4800

Fax: 231.672.3970

Hours: Monday-Friday 8 am- 2:30 pm

Maternal and Fetal Medicine

Reg	Practice	Address	City	Phone
GR	Maternal Fetal Medicine Associates	1000 East Paris Ave, SE	Grand Rapids	616-285-3310

Neurosciences

Alzheimer's & Memory Disorders

As West Michigan's first and most experienced Alzheimer's disease and memory disorders program, our goals are to accurately diagnose and manage all patient and caregiver needs related to memory disorders or dementia.

Our unique patient/caregiver centered approach to care involves a specialized team that includes a physician, medical social worker, nurse practitioner, neuropsychologist and pharmacist.

Our Services

- Diagnosis confirmation and follow-up care
- Memory loss medication management
- Mood and behavior management
- Evaluation of patient for criteria for treatment with anti-amyloid therapy used in early stage Alzheimer's disease and mild cognitive impairment
- Support for medical, legal and residential placement options
- Comprehensive education tailored to current patient and family needs and preparing for future changes
- Empowered Caregiver programming
- Caregiver support group

To schedule a consultation, call 616-685-5050 or toll free 877-702-5050.

Trinity Health Medical Group, Neurology
Hauenstein Neurosciences
220 Cherry St SE
Grand Rapids, MI 49503



Audrey Sanders, DO
Medical Director,
Neurologist



Joel Phillips, DO
Medical Director,
Supportive Care,
Neurologist



Danette Taylor, DO, MS, FACN
Medical Director,
Movement Disorders;
Neurologist



Susan Price, RN, NP-C
Nurse Practitioner



Shelby Hogan, LMSW
Medical
Social Worker



Margaret Szarowicz, LMSW
Medical
Social Worker



SCAN HERE
for more information.

- Learn more about:
- Our providers and office hours
 - Making an appointment

[TrinityHealthMichigan.org/Neuro](https://www.TrinityHealthMichigan.org/Neuro)

Epilepsy Care

Trinity Health continues to set the bar for epilepsy care in West Michigan—and beyond. Not only do we hold the highest possible designation from the National Association of Epilepsy Centers, but we offer the most complete and effective range of treatments. Our highly regarded team includes board-certified epileptologists, neurologists and neurosurgeons who work for you and with you. Our goal is to have patients go from simply living with epilepsy to living a fuller, more active life.

Our Services

Provided by our **Level IV Epilepsy Clinic**
Accredited by **NAEC**

- New onset epilepsy diagnosis and treatment
- New onset epilepsy second opinion
- Stereo-electroencephalography (SEEG) with robotic assistance in the pre-surgical evaluation of medical refractory epilepsy
- Robot-assisted stereotactic laser ablation under real-time MRI
- Comprehensive pre-surgical workup for medical refractory epilepsy
- Treatment of refractory epilepsy
- Epilepsy surgery and epilepsy surgery evaluation
- Neurostimulation including VNS, RNS and DBS
- Michigan's only comprehensive dietary clinic for adults with epilepsy (ketogenic dietary treatment)
- Dedicated six-bed epilepsy monitoring unit
- Comprehensive neuropsychology program
- Art therapy
- Epilepsy nurse navigation

To schedule a consultation, call 616-685-5050 or toll free 877-702-5050.



EEG and
Longterm
Monitoring



Hussam Shaker, MD
Medical Director,
Epileptologist



Hisham Elkhideer, MD
Epileptologist



Kristina Karanev, DO
Epileptologist



Jürgen Lüders, MD
Neurosurgeon



Desiree Markatone, MD
Epileptologist



Mohammad Javad Poostizadeh, MD
Epileptologist



Ryan Cerny, PA-C
Neurosurgical
Physician Assistant



Angela Ceru, RN
Epilepsy
Nurse Navigator



Mary Vincent, DNP
Nurse Practitioner

**Trinity Health Medical Group,
Epilepsy Care – Cherry**
Hauenstein Neurosciences
245 Cherry St SE, Suite 104
Grand Rapids, MI 49503

**Trinity Health Medical Group,
Neurology – Medical Pavilion**
Neuroscience Center
1150 E Sherman Blvd, Suite 2400
Muskegon, MI 49444

[TrinityHealthMichigan.org/Neuro](https://www.TrinityHealthMichigan.org/Neuro)

Electromyography (EMG)

The EMG is a diagnostic test used to evaluate nerve and muscle function, and it assesses a potential neurological disease. The test performed in combination with a Nerve Conduction Study (NCS) helps to detect the presence, location and extent of diseases that damage the nerves and muscles.

The lab at Trinity Health Hauenstein Neurosciences recently received *Laboratory Accreditation with Exemplary Status* from the American Association of Neuromuscular & Electrodiagnostic Medicine (AANEM), making it one of just four labs in West Michigan with this level of accreditation. Exemplary status is the highest level of accreditation an electrodiagnostic (EDX) lab can achieve under the AANEM accreditation program.

We provide state-of-the-art diagnostic testing and neuromuscular evaluation to diagnose a range of neuromuscular disorders, including:

- Amyotrophic lateral sclerosis
- Carpal tunnel syndrome
- Myasthenia gravis
- Myopathy
- Peripheral neuropathy
- Radiculopathy

Patients with numbness, tingling, weakness, fatigue, muscle twitching or cramping, or difficulty ambulating, may benefit from an EMG evaluation to further understand their disorders.

Please make EMG referrals to Neurodiagnostics via Epic at MGRHN Neurodiagnostic or via fax at 616-685-8977.

Trinity Health Neurodiagnostics – Grand Rapids Campus
Hauenstein Neurosciences
220 Cherry Street SE • Grand Rapids, MI 49503



Min Zhu, MD
Medical Director,
EMG, Neurologist,
ABEM Certified



Melanie Taylor, MD
Medical Director,
Neuromuscular,
Neurologist,
ABEM Certified



David Hakopian, DO
Medical Director,
Physical Medicine &
Spine, Interventional
Physiatrist



Joshua Nicholson, DO
Interventional
Physiatrist

General Neurology Services in Muskegon

This unique program provides a streamlined, interdisciplinary model with on-site board certified neurologists. This team covers both inpatient and outpatient.

GENERAL NEUROLOGY SERVICES

- Headache, tremor, multiple sclerosis and other neuro-related diagnoses and treatment
- Stroke follow-up and prevention clinic
- Migraine treatment protocol
- Botox® for headaches, cervical dystonia, hemifacial spasm, blepharospasm and spasticity
- Nerve blocks
- Continuous routine EEG
- EMGs
- Epilepsy clinic

For more information, call 231-672-4243.

**Trinity Health Neuroscience Center –
Medical Pavilion**
1150 E Sherman Boulevard, Suite 2400
Muskegon, MI 49444



EEG and
Longterm
Monitoring



Taylor Anderson, MD
Neurologist



Desiree Markatone, MD
Epileptologist



Patrick Pavwoski, DO
Neurologist,
Headache Specialist



Kasim Qureshi, MD
Neurologist



Rachel Balkema, PA-C
Physician Assistant



Jennifer Stancroff-King, PA-C
Physician Assistant

General Neurology

This unique program provides a streamlined, interdisciplinary model with on-site board certified neurologists. This team covers both inpatient and outpatient. All neurology symptoms are evaluated and treated or triaged to neuro-subspecialists, such as our fellowship-trained electrophysiologists, movement disorder specialists, sleep medicine specialists, neuro-ophthalmologists and vascular neurologists.

GENERAL NEUROLOGY SERVICES

- Headache, carpal tunnel, visual changes and other neuro-related diagnoses and treatment
- Stroke follow-up and prevention clinic
- Neurodiagnostics: EEG, EMG, evoked potentials
- Migraine treatment protocol
- Neuropsychological testing
- Botox® for headaches, cervical dystonia, hemifacial spasm, blepharospasm, spasticity and drooling
- Neuro-infusions
- Nerve blocks



Call 616-685-5050 or toll free 877-702-5050

Trinity Health Neurosciences - Grand Rapids Campus
220 Cherry Street SE
Grand Rapids MI 49503



Muhammad Farooq, MD, FACP, FAHA
Medical Director, Stroke, Vascular Neurologist

Ronel Santos, MD
Medical Director, Neuro-ophthalmology

Joel Phillips, DO
Medical Director, Supportive Care, Neurologist



Herman Sullivan, MD
Executive Medical Director, Hauenstein Neurosciences, Medical Director, Multiple Sclerosis; Neurologist

Min Zhu, MD
Medical Director EMG Lab, Neurologist



Audrey Sanders, DO
Neurologist

Christopher Goshgarian, MD
Vascular Neurologist

General Neurology Services in Muskegon

This unique program provides a streamlined, interdisciplinary model with on-site board certified neurologists. This team covers both inpatient and outpatient.

GENERAL NEUROLOGY SERVICES

- Headache, tremor, multiple sclerosis and other neuro-related diagnoses and treatment
- Stroke follow-up and prevention clinic
- Migraine treatment protocol
- Botox® for headaches, cervical dystonia, hemifacial spasm, blepharospasm and spasticity
- Nerve blocks
- Continuous routine EEG
- EMGs
- Epilepsy clinic

For more information, call 231-672-4243.

Trinity Health Neuroscience Center – Medical Pavilion
1150 E Sherman Boulevard, Suite 2400
Muskegon, MI 49444



Taylor Anderson, MD
Neurologist

Desiree Markatone, MD
Epileptologist

Patrick Pawwoski, DO
Neurologist, Headache Specialist



Kasim Qureshi, MD
Neurologist

Rachel Balkema, PA-C
Physician Assistant

Jennifer Stancroff-King, PA-C
Physician Assistant

Headache

This unique program provides a streamlined, interdisciplinary care model with board certified neurologists, physical therapists, social work services and registered nurses. Headache, migraine, facial pain and neck-related headache disorders are managed with a detailed medical history, diagnostic evaluation and an individualized treatment strategy. This patient-centered approach aims to return patients to normal daily activities and improve quality of life.

OUR SERVICES

- Evaluation and diagnosis
- Medication management
- Natural or non-pharmacologic management options
- Injections for headache/migraine/facial pain
 - Botox for chronic migraine
 - Occipital nerve blocks
 - Supraorbital nerve blocks
 - Sphenopalatine ganglion blocks ("needleless" nerve block)
- Headache/migraine infusions
- Physical therapy
- Social work services

To schedule a consultation, call the Grand Rapids office at 616-685-5050 or Muskegon office at 231-672-4243.

Trinity Health Medical Group, Neurology
Hauenstein Neurosciences
220 Cherry Street SE • Grand Rapids, MI 49503

Trinity Health Medical Group, Neurology – Medical Pavilion
1150 E Sherman Boulevard, Suite 2400
Muskegon, MI 49444



Ronel Santos, MD
Medical Director, Neuro-ophthalmology

Patrick Pawwoski, DO
Neurologist

Audrey Sanders, DO
Neurologist



Min Zhu, MD
Neurologist

Rachel Balkema, PA-C
Physician Assistant

Sara Grevers, NP
Nurse Practitioner



William Slager, PA-C
Physician Assistant

Justine Dammon, PT, DPT
Physical Therapist



Wendy Ginsberg, MSPT, CertMDT
Physical Therapist

Shelby VanHouten, LMSW
Medical Social Worker

Headache Services in Grand Haven

This unique program provides a streamlined, interdisciplinary care model with board certified neurologists, physical therapists, social work services and registered nurses. Headache, migraine, facial pain and neck-related headache disorders are managed with a detailed medical history, diagnostic evaluation and an individualized treatment strategy. This patient-centered approach aims to return patients to normal daily activities and improve quality of life.

Our Services

- Evaluation and diagnosis
- Medication management
- Natural or non-pharmacologic management options
- Injections for headache/migraine/facial pain
 - Botox for chronic migraine
 - Occipital nerve blocks
 - Supraorbital nerve blocks
 - Sphenopalatine ganglion blocks ("needleless" nerve block)
- Headache/migraine infusions

For more information or to schedule a consultation, call 616-296-1645.

Trinity Health Medical Group, Neurology – Grand Haven
Trinity Health Medical Center – Harbor Dunes
1445 Sheldon Rd, Suite 302
Grand Haven, MI 49417



Taylor Anderson, MD
Neurologist

Emily Johnson, MD
Neurologist



Rachel Balkema, PA-C
Physician Assistant

[TrinityHealthMichigan.org/Neuro](https://www.TrinityHealthMichigan.org/Neuro)

Movement Disorders & Parkinson's Disease

Our Movement Disorders & Parkinson's program has been delivering comprehensive cutting-edge care. Our program is a research partner of the Van Andel Research Institute and Michigan State University. We offer expert medical care for movement disorders and surgical insertion and programming of deep brain stimulation (DBS).

OUR SERVICES

- Expert diagnosis and treatment of Parkinson's disease, essential tremor and other movement disorders, including tics, dystonia and chorea, including Huntington's
- DaTscan imaging for Parkinson's
- DBS surgery and programming
- DBS virtual clinic
- Injections for dystonia, tics and tremors
- Nontraditional pharmacologic therapies such as Duopa via peg tube
- Clinical research trials
- Neuropsychological evaluation
- Comprehensive patient and family education
- Neuro-rehabilitation and physical, occupational and speech therapy
- Nurse and social work case management
- Support groups
- Caregiver resources and supportive services for advance-stage Parkinson's
- Medication management

To schedule a consultation, call 616-685-5050 or toll free 877-702-5050.

Trinity Health Medical Group, Movement Disorders

Hauenstein Neurosciences
220 Cherry Street SE • Grand Rapids, MI 49503



Danette Taylor, DO, MS, FACP
Medical Director, Movement Disorders; Neurologist

Jessica Hedeman, DO
Neurologist

Steve Klafeta, MD
Neurosurgeon



Joel Phillips, DO
Medical Director, Supportive Care, Neurologist

Cornelius Robens, MD
Neurologist

Aaron Poquette, PA-C
Neurosurgical Physician Assistant



Susan Price, RN, NP-C
Nurse Practitioner

Margaret Szarowicz, LMSW
Medical Social Worker

Multiple Sclerosis

This is the only comprehensive program in West Michigan to be certified as Partners in MS Care by the National MS Society. The Multiple Sclerosis (MS) Program at Trinity Health is committed to providing the highest level of diagnosis and long-term care for individuals with MS.

Our patients, families and other caregivers work collaboratively alongside an inter-disciplinary team of physicians, nurses, social workers and occupational and physical therapists. Together, we develop plans and treatments that help patients manage their conditions effectively and lead active, productive lives. Our integrated approach also includes participation in research trials.

OUR SERVICES

- Expert assessment and diagnosis
- Drug research trials
- Neuro-rehabilitation and physical, occupational and speech therapy
- Comprehensive patient and family education
- Ophthalmologic testing such as visual acuity, visual field testing and optical coherence tomography
- MS support and exercise group
- Neuroscience infusions

To schedule a consultation, call 616-685-5050 or toll free 877-702-5050.

Trinity Health Medical Group, Neurology
Hauenstein Neurosciences
220 Cherry Street SE • Grand Rapids, MI 49503



Herman Sullivan, MD
Executive Medical Director, Hauenstein Neurosciences; Medical Director, Multiple Sclerosis; Neurologist

Joel Phillips, DO
Medical Director, Supportive Care; Neurologist

Ronel Santos, MD
Medical Director, Neuro-ophthalmology



Min Zhu, MD
Medical Director, EMG; Neurologist

Aileen Antonio, MD
Neuro-ophthalmologist

Audrey Sanders, DO
Neurologist



Becky Parker, RN
Registered Nurse

Susan Price, RN, NP-C
Nurse Practitioner

William Slager, PA-C
Physician Assistant



Margaret Szarowicz, LMSW
Medical Social Worker

Shelby VanHouten, LMSW
Medical Social Worker

Neuro Rehabilitation

The Trinity Health Neuroscience Rehabilitation team offers expertise, experience and passion in caring for clients with neurological diagnoses. Diagnostic specialties include, but are not limited to, Parkinson's disease (PD), multiple sclerosis (MS), vestibular and balance concerns, neuropathies, stroke, amyotrophic lateral sclerosis (ALS), muscular dystrophy (MD) and brain tumors. Our speech, physical and occupational therapists have advanced training in current progressive treatment strategies. Close proximity to providers at Hauenstein Neurosciences allows interdisciplinary team approach and holistic care.

Speech Therapy

- Clinical swallow evaluation
- Cognitive re-training
- Communication and language strategies and treatment
- LSVT LOUD treatment protocol
- Voice therapy
- Swallowing treatment and education
- Video fluoroscopic swallow studies
- Vocal cord evaluation with instrumental assessment

Physical & Occupational Therapy

- Activities of daily living (bathing, dressing, eating)
- Balance and coordination facilitation
- Development of individualized home exercise program
- Energy conservation education
- Equipment recommendations and training
- Fine motor control (grasping, handwriting, keyboarding)
- Home safety recommendations
- Joint protection and pain management
- LSVT BIG treatment protocol facilitation
- Mobility training (bed mobility, transfers, walking)
- Posture improvement
- Spasticity management
- Strength and flexibility recovery
- Vestibular evaluation and treatment
- Vision rehab and retraining recommendations

For more information, call 616-685-6749.

Trinity Health Neurosciences – Grand Rapids Campus
Hauenstein Neurosciences
220 Cherry St SE
Grand Rapids, MI 49503



Corrina Anderson, MS-OTR/L, LSVT BIG Certified
Occupational Therapist



Summer Brogren, CF-SLP
Speech Therapist



Margaret Buteyn, PT, DPT, LSVT BIG Certified
Physical Therapist



Katie Dabkowski, PT, DPT, NCS, LSVT BIG Certified
Physical Therapist



SCAN HERE for more information.

Learn more about:
• Our providers and office hours
• Making an appointment

TrinityHealthMichigan.org/Neuro



Neuro Spine Rehabilitation

The Trinity Health Spine Rehabilitation/Physical Therapy team offers expertise, experience, and passion in caring for clients with a variety of spinal diagnosis. We work in close proximity to the neurosurgery and spine providers, which allows for an interdisciplinary team approach and holistic care. Our specially trained clinicians use the latest, evidence-based care to treat and prevent future problems.

Diagnoses Treated

Diagnoses treated include, but are not limited to:

- Arthritis
- Back pain
- Degenerative changes/spondylosis
- Headache
- Muscle spasm
- Neck pain
- Numbness
- Osteoporosis
- Post-surgical
- Sciatica
- Scoliosis
- Spinal stenosis
- Spondylolisthesis
- Stiffness
- Whiplash

Physical Therapy

Physical therapy treatments we provide:

- Body mechanics education and training
- Joint protection and pain management
- Manual therapy
- McKenzie method physical therapy examination and treatment
- Post-surgical protocols
- Posture modification
- Return to activities of daily living
- Therapeutic exercises, including a home exercise program

Call 616-685-6826 or toll free 877-702-5050.

Trinity Health Medical Group, Neurosurgery – Cherry
Hauenstein Neurosciences
245 Cherry St, Suite 300
Grand Rapids, MI 49503



Julia Damman, PT, DPT, Cert. MDT
Physical Therapist



Christian Dawe, PT, DPT
Physical Therapist



James Gaynor, MSPT, Cert. MDT
Physical Therapist



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Learn more about:
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TrinityHealthMichigan.org/Neuro



Neurodiagnostics

Our unique program provides a streamlined, interdisciplinary model with on-site board certified neurologists. This team covers both inpatient and outpatient. All neurology symptoms are evaluated and treated or triaged to neuro-subspecialists, such as our fellowship-trained electrophysiologists, movement disorder specialists, sleep medicine specialists, neuro-ophthalmologists and vascular neurologists. Comprehensive neurodiagnostic studies are performed to confirm diagnoses.

OUR SERVICES

- Outpatient EEG, EMG/NCS, evoked potentials
- Intraoperative neurological monitoring
- Epilepsy surgery
 - Ictal SPECT
 - Stereotactic EEG
- 24-hour video EEG monitoring
- Six (6) bed epilepsy monitoring unit

To schedule a consultation, call 616-685-5050 or toll free 877-702-5050.

Trinity Health Neurodiagnostics – Grand Rapids Campus
Hauenstein Neurosciences
220 Cherry Street SE • Grand Rapids, MI 49503



David Hakopian, DO
Medical Director, Spine, Interventional Physiatrist

Hussam Shaker, MD
Medical Director, Epilepsy, Epileptologist

Melanie Taylor, MD
Medical Director, Neuromuscular, Neurologist



Min Zhu, MD
Medical Director, EMG Lab; Neurologist

Hisham Elkhideer, MD
Epileptologist

Kristina Karanec, DO
Epileptologist



Joshua Nicholson, DO
Interventional Physiatrist

Mohammad Javad Poostizadeh, MD
Epileptologist



Neuromuscular

Amyotrophic Lateral Sclerosis/Muscular Dystrophy (ALS/MD)

Originally established through a collaboration with Michigan State University and Mary Free Bed Rehabilitation Hospital, Trinity Health is home to the first nationally certified ALS program in West Michigan. Additionally, the center is home to an MDA clinic geared toward patients with nerve, muscle and neuromuscular junction disease.

Our multidisciplinary team is comprised of physicians, nurses, social workers, physiatrists, neuropsychologists, orthotists, physical therapists, occupational therapists, speech and language pathologists, dietitians, respiratory therapists, adaptive technology therapists, and wheelchair and mobility specialists. This integrated approach includes participation in research trials.

OUR SERVICES

- Respiratory treatments and testing
- Speech therapy with adaptive and augmentative communication, with assistive technology
- Spinraza® and Radicava® therapies
- Patient support groups
- Nurse and social work case management
- Holistic care, including palliative and spiritual services
- Orthotic mobility
- Comprehensive patient education
- Supportive/quality of life care
- Neuro-rehabilitation (PT/OT/SLP)
- Nutritional assessments
- Caregiver resources and supportive services
- Skin biopsies for small fiber neuropathy

To schedule a consultation, call 616-685-5050 or toll free 877-702-5050.

Trinity Health Medical Group, Neuromuscular – Grand Rapids Campus
Hauenstein Neurosciences
220 Cherry Street SE • Grand Rapids, MI 49503



Melanie Taylor, MD
Medical Director, Neuromuscular, Neurologist

Joel Phillips, DO
Medical Director, Supportive Care, Neurologist



Min Zhu, MD
Neurologist

Margaret Szarowicz, LMSW
Medical Social Worker



Neuro-Ophthalmology

As West Michigan's only neuro-ophthalmology program, we provide comprehensive neuro-ophthalmologic and medical evaluations to assist in the diagnosis of many eye disorders and diseases, such as myasthenia gravis, multiple sclerosis, stroke and brain tumors.

OUR SERVICES

- Treatment of common conditions such as optic nerve problems, visual loss, eye movement disorders, double vision and thyroid eye disease
- Diagnosis and treatment of visual problems related to the nervous system
- Diagnosis and treatment of unexplained or sudden vision loss
- Neuro-ophthalmologic testing, including visual field testing and optical coherence tomography (OCT)
- Comprehensive patient and family education

To schedule a consultation, call 616-685-5050 or toll free 877-702-5050.

Trinity Health Medical Group, Neuro-Ophthalmology
Hauenstein Neurosciences
245 Cherry Street SE, Suite 204
Grand Rapids, MI 49503



Ronel Santos, MD
Medical Director, Neuro-ophthalmology



Aileen Antonio, MD
Neuro-ophthalmologist

Neuropsychology

At Trinity Health Neuropsychology Clinic, our goal is to provide comprehensive adult and geriatric cognitive and psychological assessment to assist with accurate diagnosis and effective treatment plans. Our unique patient/caregiver-centered approach to care involves a specialized team that includes a neuropsychologist and psychometrist.

OUR SERVICES

- Specific expertise in the assessment of:
 - Memory disturbance
 - Dementia
 - Traumatic brain injury
 - Sports-related concussion
 - Cognitive disturbance associated with epilepsy, multiple sclerosis (MS), Parkinson's disease and other medical and neurological conditions
- Pre-surgical assessments, including examination of patients being evaluated for deep brain stimulation, bariatric surgery and epilepsy surgery
- Assessment of decision-making capacity

For more information, call the Grand Rapids office at 616-685-5050 or Muskegon office at 231-672-6568.

Trinity Health Medical Group, Neuropsychology – Cherry
Hauenstein Neurosciences
245 Cherry St SE, Suite 200 • Grand Rapids, MI 49503

Trinity Health Medical Group, Neuropsychology – Muskegon Campus
1277 Mercy Dr • Muskegon, MI 49444



Brian Gradwohl, PhD
Medical Director, Neuropsychologist

Luke Anderson, PhD, ABPP-CN
Neuropsychologist

Erin Holcomb, PhD, ABPP-CN
Neuropsychologist



Jaclyn Reckow, PhD
Neuropsychologist, CBT-I

Trevor Wu, PhD, ABPP-CN
Neuropsychologist

Mittange Jacques, Essex, MA
Limited License Psychologist

Neurosurgery – Cherry

Our Neurosurgery Program demonstrates best-in-class outcomes for surgery of the brain and spine.

Services

- State-of-the-art imaging in both static and real-time visualization of the brain
- Deep brain stimulation surgery (DBS) for Parkinson's disease and essential tremor
- Epilepsy surgery, including VNS, RNS and sEEG
- Neck and back surgery for routine and complex diseases of the spine, including minimally invasive surgery options
- Treatment of brain tumors
- SI joint fusion surgery
- Cranial neurosurgery
 - Treatment of brain tumors
 - Hematomas
- Neurovascular conditions (aneurysm)
- Comprehensive pre- and post-operative education
- Sub-specialties of deep brain stimulation and epilepsy surgery

Certifications & Awards

Trinity Health Grand Rapids is a Magnet® designated hospital in addition to these other prominent awards:

- Blue Cross Blue Shield as a Spine Surgery Center of Excellence
- U.S. News & World Report for Spinal Fusion

To make a referral, call 616-685-5050 or submit through Epic.

Trinity Health West MI Medical Group,

Neurosurgery – Cherry
Hauenstein Neurosciences
245 Cherry St SE, Suite 300
Grand Rapids, MI 49503



John Entwistle, DO
Neurosurgeon

Steve Klafeta, MD
Neurosurgeon

Jürgen Lüders, MD
Neurosurgeon



Ryan Cerny, PA-C
Neurosurgical Physician Assistant

Aaron Poupette, PA-C
Neurosurgical Physician Assistant



Kate Smith, PA-C
Neurosurgical Physician Assistant

Mary Vincent, NP
Nurse Practitioner



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[TrinityHealthMichigan.org/Neuro](https://www.trinityhealthmichigan.org/Neuro)

Neurosurgery – Medical Pavilion

Our Neurosurgery Program is the only program along the lakeshore providing high quality, neurosurgical care. We utilize state-of-the-art imaging that provides both static and real-time visualization of the brain at work.

Our Services

- CNS tumors
- Pituitary tumors
- Stenosis and other degenerative disorders
- Trauma
- Spinal cord stimulators
- Disc disorders
- Minimally invasive spinal surgery
- Motion preservation spinal surgery
- Comprehensive pre- and post-operative education
- Comprehensive patient and family education

For more information, call 231-672-4243.

Trinity Health Medical Group,
Neurosurgery – Medical Pavilion
Trinity Health Neuroscience Center
1150 E Sherman Boulevard, Suite 2400
Muskegon, MI 49444



Rick Edgar, MD
Neurosurgeon

Robert Lynagh, MD
Neurosurgeon

Bryan Pereira, MD
Neurosurgeon



Amy Grossman, PA-C
Neurosurgical Physician Assistant

Rachael Khodi, PA-C
Neurosurgical Physician Assistant

Audra Langlois, PA-C
Neurosurgical Physician Assistant



Michael Martin, PA-C
Neurosurgical Physician Assistant

Aleah Wysozen, PA-C
Neurosurgical Physician Assistant



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[TrinityHealthMichigan.org/Neuro](https://www.trinityhealthmichigan.org/Neuro)

Neuro-Palliative & Supportive Care

At Trinity Health, we recognize the obstacles that our patients suffering with neurological and neurodegenerative diseases face. In our Neuro-Palliative & Supportive Care clinic, we focus on aggressive symptom management, creating a roadmap for care, anticipating difficult decisions and supporting caregivers. Our team—a neurologist with specialized training in palliative care, nurse practitioner, social work, nursing, spiritual care and other ancillary services—works together to treat the whole individual.

We care for patients with chronic neurological illnesses, providing support and maximizing quality of life, addressing:

- Physical symptoms covering a wide spectrum from pain and fatigue to speech impairment, mobility and other problems related to neurological disease
- Counseling for spiritual, social and psychological concerns
- Access to community resources
- Coordination of care with other services
- Caregiver support
- Communication between caregivers and patients
- Future planning: transitions in care, end-of-life choices, advanced directives and hospice care
- Psychological symptoms like anxiety, grief or depression
- Cognitive problems relating to memory loss and change in behaviors

At the first visit, patients can expect to spend 60 to 90 minutes discussing their care needs. We encourage family members and caregivers to attend the first visit together so we can support all who are involved. Follow-up visits may be shorter, depending on individual needs.

For more information, call 616-685-5050.

Trinity Health Medical Group, Neuro-Palliative Care

Hauenstein Neurosciences
220 Cherry Street SE • Grand Rapids, MI 49503



Joel Phillips, DO, FAAPM
Medical Director, Neurologist



Susan Price, RN, NP-C
Nurse Practitioner



Margaret Szarowicz, LMSW
Medical Social Worker

Interventional Physical Medicine & Spine

Led by Trinity Health Medical Group physical medicine and spine specialists, our program uses comprehensive assessments, outpatient rehabilitation, spine manipulation and a variety of injections to determine pain generators. This allows our experts to provide patients with pain relief, improved function and higher quality of life. Any patient who has functional or mobility limitations can be referred.

OUR SERVICES

- Psychiatry
- Evaluation of all acute functional impairments
- Evaluation and treatment of degenerative conditions
- On-site spine injections under fluoro to determine pain generators, along with acute pain control
- Trigger point, spine and small joint injections
- Radiofrequency ablation
- Timely CT, MRI and EMG
- Bone scan with CT, SPECT
- Conventional EMG/single-fiber EMG/nerve conduction studies
- McKenzie-credentialed physical therapy staff, specializing in mechanical diagnoses and treatment of spine pain
- Spine manipulation
- Sports medicine
- Non-surgical techniques to assist with improvement in function and pain
- Comprehensive patient and family education

To schedule a consultation, call 616-685-5050 or toll free 877-702-5050.

Trinity Health Medical Group,

Physical Medicine & Spine
Hauenstein Neurosciences
245 Cherry St SE, Ste 300 • Grand Rapids, MI 49503



David Hakopian, DO
Interventional Physiatrist

Joshua Nicholson, DO
Interventional Physiatrist



Shashank Vodapally, DO
Interventional Physiatrist

Mary Vincent, DNP
Nurse Practitioner



Interventional Physical Medicine & Spine

At Trinity Health, our physical medicine and spine program uses a variety of techniques and treatments, including injections to determine pain generators, allowing our experts to provide patients with pain relief, improved function and higher quality of life. Patients with musculoskeletal conditions impairing their function can be referred.

OUR SERVICES

- Non-surgical techniques to assist with improvement of function and pain
- Physiatry
- Evaluation and treatment of degenerative conditions
- On-site fluoroscopy-guided injections (hip, spine)
- Ultrasound-guided injections
 - Peripheral joint/bursa (knee, shoulder, elbow, wrist, CMC, etc.)
 - Peritendinous (tennis/golfer's elbow, gluteal tendinitis, deQuervain's, trigger finger, rotator cuff, etc.)
- Radiofrequency ablation
- Timely CT, MRI and EMG
- Bone scan with CT, SPECT
- Conventional EMG/nerve conduction studies
- Musculoskeletal rehabilitation and sports medicine
- Comprehensive patient and family education

For more information, call 231-672-4243.

Trinity Health Medical Group, Interventional Physical Medicine & Spine – Medical Pavilion

Trinity Health Neuroscience Center
1150 E Sherman Boulevard, Suite 2400
Muskegon, MI 49444



Daniyal Bashir, MD
Interventional Physiatrist



Anita Bell, DO
Interventional Physiatrist



Harrison Johnson, MD
Physiatrist

Spine & Back Care

Recognized by Blue Cross Blue Shield as a Spine Center of Excellence, our interdisciplinary team works continuously to improve patient care and outcomes. We place a strong emphasis on medical management of back care and offer rapid surgical consults as needed, as well as collaborative care with on-site rehabilitation specialists.

OUR SERVICES

- Physiatry
- Evaluation of all acute functional impairments
- Evaluation and treatment of degenerative conditions
- On-site spine injections under fluoro to determine pain generators, along with acute pain control
- Trigger point, spine and small joint injections
- Radiofrequency ablation
- Timely CT, MRI and EMG
- Bone scan with CT, SPECT
- Conventional EMG/single-fiber EMG/nerve conduction studies
- McKenzie-credentialed physical therapy staff, specializing in mechanical diagnoses and treatment of spine pain
- Sports medicine
- Surgery of the spine when medical management fails
- Comprehensive patient and family education

To schedule a consultation, call
616-685-5050 or toll free 877-702-5050.

**Trinity Health Medical Group,
Physical Medicine & Spine**
Hauenstein Neurosciences
245 Cherry Street SE, Suite 300
Grand Rapids, MI 49503



David Hakopian, DO
Medical Director, Spine Center, Interventional Physiatrist

Steve Klafeta, MD
Neurosurgeon

Jürgen Lüders, MD
Neurosurgeon



Joshua Nicholson, DO
Interventional Physiatrist

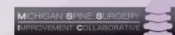
Shashank Vodapally, DO
Interventional Physiatrist

Ryan Cerny, PA-C
Neurosurgical Physician Assistant



Aaron Poquette, PA-C
Neurosurgical Physician Assistant

Mary Vincent, NP
Nurse Practitioner



Stroke Care

Designated as a Comprehensive Stroke Center by DNV GL Healthcare, the Trinity Health Grand Rapids Stroke Program houses state-of-the-art diagnostic technologies, fellowship-trained vascular neurologists, a neurointerventionist, a dedicated stroke unit, and an inter-disciplinary approach to stroke care that emphasizes speed and efficiency of care.

OUR SERVICES

- Rapid diagnosis and treatment of stroke symptoms
- Dedicated stroke beds on neuroscience unit
- Pharmacologic and interventional treatments for ischemic stroke
- Transcranial doppler
- Stroke perfusion scans
- Neurointervention techniques
- Neurological critical care
- Stroke prevention and follow-up clinic
- NIHSS certified physicians and nurses
- Stroke certified nurses
- Nurse navigator
- Stroke research
- Stroke support groups

To schedule a consultation, call
616-685-5050 or toll free 877-702-5050.

**Trinity Health Neurosciences –
Grand Rapids Campus**
Hauenstein Neurosciences
220 Cherry Street SE • Grand Rapids, MI 49503



Baljit Deol, MD
Medical Director, Neurointerventional Services

Muhammad Farooq, MD, FACP, FAHA
Medical Director, Stroke, Vascular Neurologist

Kipp Chillag, DO
Neuro-hospitalist



Christopher Goshgarian, MD
Vascular Neurologist

Brad Haveman-Gould, PA-C
Neuro-hospitalist



Julie Hupcik, BSN, RN
Nurse Navigator, Stroke

Sheryl Mulder, MSN, RN
Stroke Coordinator

Not Pictured:

Drew Jorgensen, MD
Neurocritical Care

Cameron Richardson, DO
Interventional Radiologist

Trinity Health West Michigan – Neurosciences

How to Refer: Consulting a Neuroscience Specialist

To help expedite the neuro referral, we need to know more specifically, why you are consulting a neuro specialist? It would be ideal to summarize in a sentence: the symptom(s), what is the clinical questions you want answered and how long this has been an issue.

Neuro referrals needing more detail:

"needs to see neurology"

"back pain"

"falling"

"blurred vision"

"dizziness"

Great Neuro Referral Examples:

1. "Ear pain for 4 weeks, saw ENT, now suspecting trigeminal neuralgia"
2. "Patient had vertigo with medications and now is vomiting. MRI is normal"
3. "Patient continues with migraine type headache for over 2 months despite mitigating risk factors and migraine medications"
4. "Patient has had debilitating back pain for 6 weeks with no relief after steroids and rehab"
5. "Rule out a neurological cause for otalgia. Symptoms for 8 weeks."

Considerations when making a neuroscience referral:

- a. Be sure to give a short explanation of what you have concerns about per examples above. This will help expedite the referral.
- b. Your department Referral Coordinator can ensure it gets to right specialty inbox to process. Per normal process, your Referral Coordinator will be responsible to obtain any insurance authorization to see us in neuro.
- c. It is helpful if your visit notes are reflective of your clinical questions you want answered. Again, this helps expedite the referral.
 - i. The Referral Coordinator will use these notes to get insurance approval.
 - ii. The Neuro team will use your notes as the start of clinical information in our visit with the patient.
- d. All referrals are clinically reviewed by an RN in the neuroscience department for correct subspecialty and clinical urgency.
 - i. Please note: clinically urgent referrals MUST be physician to physician conversation, insurance/scheduling preferences (i.e. going out of town soon or want to get in before deductible) are not valid urgency reasons.

Easy ways to refer:

- For **THMG Providers on EPIC:**
 - Here are the possible EPIC orders you can use in EPIC to get a referral to neuro. Enter Ambulatory Referral Order to.... (see chart below) via EPIC as follows:
 - “Ambulatory order to neurology”
 - “Ambulatory order to physical medicine rehab”
 - “Ambulatory order to sleep medicine”
 - “Ambulatory order to neuropsychology”
 - “Ambulatory order to neurosurgery”
 - “Ambulatory order to neurodiagnostics” (specify test you want performed)
 - “Ambulatory order to neuro-oncology”
 - “Ambulatory order to ophthalmology” (use for neuro-ophthalmology)
 - “Ambulatory order to osteopathic medicine ”
 - If a neuro procedure is required, enter the order as a procedure: EEG, EMG, etc.
- For **Providers not on EPIC:**
 - Order per your usual process via an ambulatory referral to xxxx (specialty).
 - If your office is not on Holon, then your staff can fax the referral to the following numbers:
 - **Grand Rapids Neuro Fax 616.685.8980**
 - **Muskegon Neuro fax: 231.727.4214**
 - **Muskegon Osteopathic Fax: 231.727.4214**
 - **Muskegon Sleep Fax: 231.672.6181**
 - **Grand Rapids Sleep Fax: 616.685.3010**
 - Your office staff can also send the referral order via Holon (previously known as Great Lakes Health Connect) but it may be easier to just fax to the above fax numbers.

Type of EPIC Ambulatory Referrals	Type of symptoms/suspected diagnoses	Grand Rapids Location	Grand Rapids Contact number	Muskegon Contact Number
Neurology	-Numbness & tingling -MS -Headache -Dementia/Alzheimer's -Stroke -Epilepsy/seizures -Movement (PD/ET) -Neuromuscular concerns (ALS/MD/MG)	MGRHN MHPP HAUENSTEIN GEN NEUROLOGY	Office: 616.685.5050 Fax: 616.685.8980	Office:231.672.4243 Fax: 231.727.4214
Neuropsychology	-Neuro testing -Evaluation for cognitive and executive function -this is not psychiatric medicine	MGRCB MHPP HAUENSTEIN NEUROPSYCH	Office: 616.685.5050 Fax: 616-685-8980	Office: 231-672-6568 Fax 231.672.6569
Neurosurgery	-Back pain who failed conservative treatment -Brain tumors -suspected carpal tunnel -DBS -Epilepsy Surgery	MGRCB MHPP HAUENSTEIN NEUROSURGERY	Office: 616.685.5050 Fax: 616-685-8980	Office:231.672.4243 Fax: 231.727.4214
Sleep Medicine	- Sleep Consultations -OSA -Narcolepsy -Restless leg syndrome -Insomnia	MGRCB MHPP HAUENSTEIN SLEEP CLINIC	Office: 616.685.6330 Fax: 616-685-3010	Office: 231-672-6186 Fax: 231.672.6181
Neurodiagnostics (enter as the specific procedure)	-EEG (all types) -Continuous EEG -EMG -Evoke potentials	MGRHN NEURODIAGNOSTICS	Office: 616.685.5050 Fax: 616.685.8977	Office:231.672.4243 Fax: 231.727.4214
Physical Medicine Rehab	- Back pain - Muscular skeletal issues - Need an acute spine/muscular skeletal injection - Not chronic pain medication management	MGRCB MHPP HAUENSTEIN PMR SPINE CLINIC	Office: 616.685.5050 Fax:616-685-8980	Office:231.672.4243 Fax: 231.727.4214
Ophthalmology (Neuro): concerns suspecting a neuro source	-Vision changes -MS with vision changes -Myasthenia Gravis -Headache with visual issues	MGRCB MHPP HAUENSTEIN NEURO OPHTHALMOLOGY	Office: 616.685.5050 Fax: 616-685-8980	NA
Neuro-oncology	- Neuro changes post chemo - brain tumor	MGRHN MHPP HAUENSTEIN GEN NEUROLOGY	Office: 616.685.5050 Fax: 616-685-8980	NA
Osteopathic Medicine	- Muscular skeletal issues - Patient prefers mechanical manipulation	Not available	NA	Office:231.672.4243 Fax: 231.727.4214

Neurosciences

Reg	Practice	Address	City	Contact (Ph/Fx)
GH	THMG Neurology – Grand Haven	1445 Sheldon Road, Ste 302	Grand Haven	Ph: 616-296-1640
GH	THMG Sleep Medicine – Grand Haven	1445 Sheldon Road, Ste 302	Grand Haven	Ph: 616-296-1640
GR	Great Lakes Neurosurgical Associates	3350 Eagle Park Drive	Grand Rapids	616-454-3465
GR	TH Neuro Diagnostics		Grand Rapids	Ph: 616-685-5050 Fx: 616-685-8977
GR	THMG Epilepsy	245 Cherry St. SE, Ste 104	Grand Rapids	Ph: 616-685-5546 Fx: 616-685-8980
GR	THMG Neurology- Memory/MS/Stroke Neuro Behavioral Health Neuro Movement Disorders Neuro MDA/ALS			
GR	TH Neuro Physical Med & Spine	245 Cherry St. SE, Ste 300	Grand Rapids	Ph: 616-685-5050 Fx: 616-685-8962
GR	TH Neuro Ophthalmology	245 Cherry St SE, Ste 204	Grand Rapids	Ph: 616-685-6381 Fx: 616-685-8980
GR	THMG Neuropsychology	245 Cherry St SE, Ste 200	Grand Rapids	Ph: 616-685-8980
GR	THMG Neurosurgery	245 Cherry St SE, Ste 300	Grand Rapids	Ph: 616-685-5050 Fx: 616-685-8962
MU	THMG EMG	1150 E Sherman Blvd, Ste 2400	Muskegon	Ph: 231-672-4243 Fx: 231-672-8576
MU	THMG Neurology	1150 E Sherman Blvd, Ste 2400	Muskegon	Ph: 231-672-4243 Fx: 231-672-8576
MU	THMG Neurology North Ottawa			
MU	THMG Neuropsychology	1277 Mercy Drive	Muskegon	Ph: 231-672-6568 Fx: 231-672-6569
MU	THMG Neurosurgery	1150 E Sherman Blvd Ste 2400	Muskegon	Ph: 231-672-4243 Fx: 231-672-8576
MU	THMG PMR Spine	1150 E Sherman Blvd Ste 2400	Muskegon	Ph: 231-672-4243 Fx: 231-672-8576

Nephrology

Reg	Practice	Address	City	Phone
GR	TH Kidney Transplant Center – Grand Rapids Campus	310 Lafayette Ave SE, Ste 315	Grand Rapids	616-685-6222
MU	West MI Nephrology	1250 Mercy Drive	Muskegon	231-733-1912

Obstetrics & Gynecology

MEET OUR TEAM! Trinity Health Medical Group, Academic Obstetrics & Gynecology – Hackley

OUR PROVIDERS



Katherine
Betcher, MD



Suzanne
Galloway, MD



Karissa
Tryska, DO



Elizabeth
Meacham, NP

OUR RESIDENT PHYSICIANS



Katherine
Allen, MD



Brittany
Beeler, DO



Austen
Cox, DO



Lauren
Flores, DO



Calley
Gober, DO



Abbie
Huff, DO



Dalenna
Kessler, DO



Ashley
Lang, DO



Alyssa
Leopard, DO



Angela
Leschinsky,
DO



Sathiyakala
Rajendiran,
MD



Kelsey
Stoddard,
DO



James
White, DO

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Obstetrics & Gynecology – Grand Haven and Lakes Village

Accepting New Patients!

Our specialists provide the highest level of comprehensive obstetric and gynecologic services for women of all ages and backgrounds in a comfortable, supportive environment. From preconception health planning through labor and delivery, including high risk pregnancies and postnatal care, our obstetric and gynecology specialists provide personal, superior quality care to expectant mothers. Our specialists are on-call 24/7 to serve you.

Our Services

- Prenatal and high risk obstetrics
- da Vinci® robotic surgery
- Infertility evaluation
- Menopausal care
- Pelvic pain diagnosis and treatment
- Pelvic reconstruction
- Urinary incontinence treatment
- 4D ultrasound accredited

Call 231-672-7939 for an appointment.

**Trinity Health Medical Group,
Obstetrics & Gynecology – Grand Haven**
1445 Sheldon Rd, Suite G1
Grand Haven, MI 49417

**Trinity Health Medical Group,
Obstetrics & Gynecology – Lakes Village**
6401 Prairie St, Suite 1700
Muskegon, MI 49444



Caitlin
Brazda, DO



David
Cree, MD



Megan
Fleese, DO



Brandon
Freel, DO



Kathleen (Katie)
Quinn, DO



Heather
Terpstra, NP



Toni
Verley, FNP-C



SCAN HERE
for more information.

- Learn more about:
- Our providers and office hours
 - Making an appointment

TrinityHealthMichigan.org/OBGYN

Trinity Health Medical Group, Obstetrics & Gynecology

Gynecological Care

- Routine well woman care (annual exams and pap smears)
- Abnormal pap smear evaluation and treatment
- Diagnosis and treatment of hormonal problems, including perimenopause
- Urinary incontinence treatment
- Endometriosis diagnosis and treatment
- Chronic pelvic pain diagnosis and treatment
- Laparoscopic gynecology surgeries, including hysterectomy and endometrial ablation
- Natural family planning
- Infertility evaluation
- Diagnosis and treatment of breast conditions and disorders
- State-of-the-art technology utilizing the da Vinci® Surgical System

Obstetrical Care

From pre-conceptual planning through postnatal care, our obstetrics and gynecology specialists provide personal, superior quality care to expectant mothers.

- Total obstetrical care, including high risk pregnancies
- Deliveries
- On-site ultrasound
- OB nurse educators
- Certified lactation counselor
- Supportive counseling

Call 616-685-8750 to schedule your appointment today.

GYNECOLOGY, PRENATAL, OBSTETRICS & ON-CALL TEAM



Kathryn
Born, MD



Vita
Eizans, DO



Maggi
Forgue, DO



Jessica
Gibbie, MD



Kerry
Gorsuch, MD



Theresa Starr,
CNM, MS



Andola
Mathis, MD



Geron
Turke, DO



Crystal
Zilo, MD



Trisha
Zylstra, MD



Lucy Thompson,
WNP-C

GYNECOLOGIC & PRENATAL CARE TEAM

Trinity Health Medical Group, Obstetrics & Gynecology – Hackley

Accepting New Patients!

Our specialists provide the highest level of comprehensive obstetric and gynecologic services for women of all ages and backgrounds in a comfortable, supportive environment. From preconception health planning through labor and delivery and postnatal care, we provide personal, quality care to expectant mothers.

OUR SERVICES

- Gynecological Care**
- Routine well-woman care (annual exams, breast exams and pap smears)
 - Abnormal pap smear treatment and evaluation
 - Menopause management/hormone therapy and alternatives
 - Urinary incontinence treatment
 - Endometriosis diagnosis and treatment
 - Chronic pelvic pain diagnosis and treatment
 - Laparoscopic gynecologic surgeries and robotic surgical services
 - Cervical procedures
 - Correction of bladder and rectal prolapse and vaginal/uterine prolapse
 - Uterine fibroids
 - Osteoporosis diagnosis and treatment
 - Abnormal bleeding
- Obstetrical Services**
- Pre-pregnancy counseling and infertility
 - Low and high-risk obstetrical care
 - Perinatal mood disorder screening

Call 231-672-3300 for an appointment!

**Trinity Health Medical Group,
Obstetrics & Gynecology – Hackley**
1675 Leahy St, Suite 428B • Muskegon, MI 49442



Katherine
Kirby, DO



Katherine
McCormick, MD



Jack
Parks, MD



Stephanie
Sando, DO



Ericka
Sikkenga, DO



Josephine
Spitzley, DO



Jen
Mosher, NP



Lindsey
Weesies, NP

Trinity Health Grand Rapids Birth Center

We Deliver the Care and the Amenities Your Patients Want and Need



Features and Services

- Comfortable and spacious private rooms
- Private bathrooms equipped with hydrotherapy in room tub, shower jets, sound machine and dim lighting
- Birth Center surgery suites allow for quick cesarean delivery
- Neonatal Intensive Care: Level III facility staffed with neonatologists including neonatal advanced practitioners, 24 hours a day
- Advanced state-of-the-art medical equipment
 - On-site lactation support team
 - Birthing and other educational classes
 - Virtual Tours • YoMingo Educational App

Certifications and Awards

Our Birth Center has received the baby friendly certification in addition to these other prominent awards: Women's Choice • Magnet • Best Maternity Hospital
Menopause Society Certified Practitioner (MSCP) previously known as NAMS



To make a referral or to learn more contact, 616-685-8750.

Trinity Health Grand Rapids Birth Center
200 Jefferson Ave SE, Grand Rapids

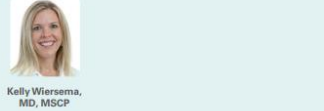
Obstetrics and Gynecology

Byron Center: 2373 64th Street SW, Byron Center
Cherry: 245 Cherry Street, Suite 306, Grand Rapids
East Paris: 2144 East Paris Ave. SE, Grand Rapids
Hudsonville: 3925 32nd Avenue, Grand Rapids
Rockford: 6050 Northland Drive, Rockford

GYNECOLOGY, PRENATAL, OBSTETRICS AND ON-CALL TEAM*



HOSPITALISTS TEAM



Trinity Health Medical Group, OB Hospital Medicine

Trinity Health Medical Group is pleased to announce a unique program of care for obstetrical patients.

When requesting obstetrical care in our labor and delivery unit, all patients will be seen by a board certified obstetrician/gynecologist. Our OB Hospital Medicine team will provide 24/7 care for obstetrical patients and patients with gynecological emergency while working closely with your primary obstetrical care provider.

OUR SERVICES

- Assist in evaluation and management of laboring patients
- Manage obstetrical emergencies
- Supervise care of resident clinic obstetrical patients
- Cover laboring patients completely when requested by community obstetrical care providers
- Interpret antenatal testing
- Collaborate with ER physicians in care of patients with gynecologic emergencies
- Provide on-site access to a Level II Specialty Nursery and access to our NICU transport when needed

OB Hospital Medicine is a reflection of Trinity Health's effort to provide our OB patients with the highest quality care in our community.



Katherine Betcher, MD Caitlin Brazda, DO David Cree, MD



Brandon Freel, DO Suzanne Galloway, MD Katherine Kirby, DO



Katherine McCormick, MD Jack Parks, MD Lauryn Przeslawski, DO



Kathleen (Katie) Quinn, DO Stephanie Sando, DO Ericka Sikkenga, DO



Josephine Spitzley, DO Karissa Tryska, DO Shanon Tuter-Spitzley, DO

Not Pictured: Jason McMaster, MD

Obstetrics & Gynecology

Reg	Practice	Address	City	Phone
GR	THMG Obstetrics & Gynecology Byron Center	2373 64 th Street SW	Byron Center	616-685-8750
GR	THMG Obstetrics & Gynecology Cherry	245 Cherry Street, Ste. 306	Grand Rapids	616-685-8750
GR	THMG Obstetrics & Gynecology East Paris	2144 East Paris Ave SE	Grand Rapids	616-685-8750
GR	THMG Obstetrics & Gynecology Hudsonville	3925 32 nd Avenue	Grand Rapids	616-685-8750
GR	THMG Obstetrics & Gynecology Rockford	6050 Northland Drive	Rockford	616-685-8750
GR	Joseph Talcot, DO PC	1525 E Beltline NE	Grand Rapids	616-734-0900
MU	THMG Obstetrics & Gynecology Hackley	1675 Leahy Street Ste 201A	Muskegon	231-672-6600
MU	THMG Obstetrics & Gynecology Hackley	1675 Leahy Street Ste 425B	Muskegon	231-672-3300
MU	THMG Obstetrics & Gynecology Lakes Village	6401 Prairie Street Ste. 1700	Norton Shores	616-685-7939
MU	THMG Obstetrics & Gynecology North Muskegon	2006 Holton Road	N Muskegon	231-672-3300
MU	THMG Obstetrics & Gynecology Shelby	71 Bevier Street	Shelby	231-727-7944
GH	THMG Obstetrics & Gynecology Grand Haven	1445 Sheldon Road, Ste G1	Grand Haven	616-847-2500

Osteopathic Medicine (OMM)

Trinity Health Medical Group, Osteopathic Manipulative Medicine

Osteopathy is the recognition of the body's design to maintain and restore health itself. Gentle hands-on treatment is applied to the musculoskeletal system to remove restrictions; improve function of the nervous, vascular and lymphatic systems; and restore health, healing and optimize physiologic function. An osteopathic physician considers the body as an integrated unit, comprised of multiple complex functions and interrelated structures.

RESTORE YOUR CHILD'S HEALTH

It is frequently considered one of the safest and most gentle ways to care for many common problems in children of all ages, especially newborns.

- Asthma
- Back & joint pain
- Behavioral issues
- Colic
- Constipation
- Chronic otitis media (chronic ear infection)
- Developmental delay
- Feeding difficulty
- GERD
- Headaches
- Plagiocephaly (misshapen head)
- Post-concussive syndrome
- Scoliosis
- Torticollis (wry neck)
- Upper respiratory infection

SUPPORTING HEALTH & WELLNESS

Pain:

- Abdominal pain & digestive issues
- Acute & chronic neck & back pain
- Arm & shoulder pain
- Fibromyalgia & chronic muscle pain
- Hip, knee, ankle & foot pain
- Non-cardiac chest pain
- Pain of unclear etiology

- Pain related to pregnancy

Other:

- Arthritic spine & joint conditions
- Asthma & chronic respiratory issues
- Headaches
- Numbness & tingling of arms & legs
- Pre-surgery, post-surgery and can't-have-the-surgery conditions

- Post-concussion syndrome
- Post-trauma evaluations & treatment
- Scoliosis & leg length inequality
- Sports-related injuries
- Temporomandibular joint (TMJ) dysfunction & other jaw & facial pains

Trinity Health Medical Group, Osteopathic Manipulative Medicine

1150 E Sherman Blvd, Suite 2400 • Muskegon, MI 49444
231-672-4243



Hans
Bruntmyer, DO



Darren
Grunwaldt, DO



Jenna
Heinert, DO



Andrea
Johnson, DO

THMI-M06179-2410-MD

Osteopathic Medicine (OMM)

Reg	Practice	Address	City	Phone
GR	Benjamin Visger, DO	1180 Ottawa Beach Rd, Ste 3 3300 Eagle Run Dr NE, Ste 103	Holland Grand Rapids	616-251-1815 616-258-2407
MU	Benjamin Visger, DO	162 N. Causeway	North Muskegon	231-981-0150
MU	THMG Osteopathic Manipulative Medicine	1150 E Sherman Blvd, Ste. 2400	Muskegon	231-672-4243

Ophthalmology, Optometry

Ophthalmology	Associated Retinal Consultants	1179 East Paris SE	Grand Rapids	6169422406	Grand Rapids	
	Cascade Ophthalmology PC	791 Kenmoor Ave SE	Grand Rapids	6165758200	Grand Rapids	
	Cedar Springs Eye Care	26 S Main	Cedar Springs	6166960830	Grand Rapids	
	Eye Center of Grand Rapids PLC	1000 East Paris Ave SE	Grand Rapids	6167193821	Grand Rapids	
	Glaucoma Eye Center PC	2727 E Beltline Ave NE	Grand Rapids	6163619205	Grand Rapids	
	Grand Rapids Ophthalmology	10047 Crossroads Ct SE	Caledonia	6169492600	Grand Rapids	
	Retina Specialists of Michigan PC	5030 Cascade Rd SE	Grand Rapids	6169542020	Grand Rapids	
	Shoreline Vision	1266 E Sherman Blvd	Muskegon	2317399009	Grand Rapids	
	Vitreous Retinal Associates PC	1080 N 10th St	Kalamazoo	2693539700	Grand Rapids	
	Associated Retinal Consultants	5957 Harvey St	Norton Shores	2317337832	Muskegon	
	Christopher J Stock MD PLC	427 Seminole Rd	Muskegon	2317332000	Muskegon	
	Grand Rapids Ophthalmology	750 East Beltline NE	Grand Rapids	6169492600	Muskegon	
	Riemer Eye Center	5959 Lawndale	Ludington	2318456261	Muskegon	
	Shoreline Vision	1266 E Sherman Blvd	Muskegon	2317399009	Muskegon	
	Vitreous Retinal Associates PC	3102 Glade St	Muskegon	2318301200	Muskegon	
	West Michigan Eye and Laser	1450 E Farr Rd	Norton Shores	2317379378	Muskegon	
	Optometry	Allegan Eyecare	123 Locust St	Allegan	2696735100	Grand Rapids
		Annis Optometry	114 Blue Star Highway	Douglas	2698572020	Grand Rapids
		Complete Eye Health	70 E Lakewood Blvd	Holland	6163952662	Grand Rapids
		Family Eye Care White Lake	504 E Colby ST	Whitehall	2318942488	Grand Rapids
Fruitport Family Eye Care		388 N 3rd Ave	Fruitport	2318659990	Grand Rapids	
Grand Rapids Eye Care		2820 East Beltline	Grand Rapids	6163635413	Grand Rapids	
Hudsonville Vision Care		3232 Central Blvd	Hudsonville	6166692530	Grand Rapids	
In Focus Eye Care		25 N Main St	Rockford	6168663077	Grand Rapids	
Innovative Eye Care		7161 W Q Ave	Kalamazoo	2698707334	Grand Rapids	
James S Smith PLC		833 Leonard St NW	Grand Rapids	6164587978	Grand Rapids	
Lifetime Eyecare		597 Baldwin St	Jenison	6164570760	Grand Rapids	
Mattawan Family Eye Care		52883 N Main ST	Mattawan	2696685558	Grand Rapids	
Niles Vision Clinic		9 S Saint Joseph Ave	Niles	2696834040	Grand Rapids	
North View Eye Care		5378 Plainfield Ave NE	Grand Rapids	6163612020	Grand Rapids	
Northwest Optometry		343 S Union St	Sparta	6168872020	Grand Rapids	
Precision iCare		115 W Upton Ave	Reed City	2318323133	Grand Rapids	
Premier Family Eye Care		6748 Kalamazoo Ave SE	Grand Rapids	6162752020	Grand Rapids	
Richland Eye Care		8085 N 32nd St	Richland	2696292020	Grand Rapids	
South Haven Eye Care		1088 S Bailey Ave	South Haven	2696371442	Grand Rapids	
Southwest Vision Care		69001 M 62	Edwardsburg	2694144492	Grand Rapids	
Southwest Vision Center		314 S US Highway 131	Three Rivers	2692738588	Grand Rapids	
Vicksburg Optometry		124 E PRAIRIE ST	Vicksburg	2696490103	Grand Rapids	
West Coast Eyecare		855 Washington Ave	Holland	6163952020	Grand Rapids	
West Michigan Eye Care Associate		2112 E Paris Ave SE	Grand Rapids	6169498500	Grand Rapids	
Eyes on Main		22 W Main ST	Fremont	2317804700	Muskegon	
Lakeshore Professional Eyecare PC		951 W Seminole	Muskegon	2317804700	Muskegon	
Riemer Eye Center		5959 Lawndale	Ludington	2318456261	Muskegon	
Shoreline Vision		1266 E Sherman Blvd	Muskegon	2317399009	Muskegon	

Orthopedics

Trinity Health Medical Group Orthopaedics

Orthopaedic surgery focuses on conditions involving the musculoskeletal system. Orthopaedic surgeons use surgical and nonsurgical means to treat musculoskeletal trauma, sports injuries, degenerative diseases, infections, tumors and congenital disorders.

CONDITIONS WE TREAT

- Athletic injuries
- ACL tears
- Meniscus injuries
- Rotator cuff injuries
- Shoulder dislocations
- Bicep tendon rupture
- Tennis Elbow
- Achilles tendon rupture
- Arthritic conditions of the knee, hip shoulder, and elbow
- Tendon and ligament injuries of the knee, hip shoulder, and elbow
- Labrum injury of the hip and shoulder
- Congenital defects of the lower extremity
- Joint preservation
- Fractures
- Musculoskeletal trauma
- Groin pain and injury
- Cartilage defects

OUR SERVICES

- Orthopaedic evaluation of the knee, hip, shoulder, and elbow
- Surgical and conservative treatment options
- Arthroscopic surgeries of the knee, hip, shoulder, and elbow
- Complex cartilage transplant and restoration
- Joint replacements for the knee, hip and shoulder
- Complex shoulder and knee reconstruction
- Fracture care
- Injection therapy
- Expert second opinion of orthopaedic conditions of the knee, hip, shoulder, and elbow



John H. Healey Jr., MD



Timothy D. Henne, MD, FAAOS



Tim Lenters, MD



Geoffrey Sandman, MD



Joshua Haeck, CNP



Christina Holmes, PA-C



Robert Houser, PA-C



Robin Iknayan, PA-C

Medical Center - Byron Center

2373 64th St. SW, East Entrance
Byron Center, MI 49315

Grand Rapids Hospital

200 Jefferson Ave. SE
Grand Rapids, MI 49503

To learn more or to make an appointment, please call
616-465-5910

Orthopedics

Reg	Practice	Address	City	Phone
GR	Foot and Ankle Specialist of WMI	1195 Wilson Ave NW 2144 E Paris Ave SE 5175 Plainfield Ave NE 6050 Northland Drive NE	Grand Rapids Grand Rapids Grand Rapids Rockford	616-453-8277 616-281-0666 616-363-9833 616-363-9833
GR	Ivanrest Foot and Ankle Specialists	3050 Ivanrest Ave SW	Grandville	616-406-0102
GR	Orthopedic Associates of MI	1111 Leffingwell Ave NE	Grand Rapids	616-459-7101
GR	Thornapple River Orthopedics	7169 Kalamazoo Ave SE	Caledonia	616-266-9100
GR	THMG Orthopedic Surgery – Byron Center	2373 64 th Street SW, Ste 2500	Byron Center	616-465-5910
GR	THMG Orthopedic Surgery – Grand Rapids Campus	200 Jefferson Ave SE	Grand Rapids	616-465-5910
GR	THMG Orthopedic Surgery – Grand Rapids	200 Jefferson Ave SE, Ste 115	Grand Rapids	616-685-5050
MU	Orthopedic Associates of MU	1400 Mercy Drive	Muskegon	231-733-1326
MU	Foot and Ankle Specialists of West Michigan	1450 East Farr Road	Norton Shores	616-330-3816
MU	Grand Haven Foot and Ankle	600 Park Ave	Grand Haven	616-846-3400
MU	Shoreline Foot and Ankle Associates	561 Seminole Road	Norton Shores	231-733-1111
GH	Grand Haven Foot & Ankle	600 Park Avenue	Grand Haven	616-846-3400

Pain Medicine

Reg	Practice	Address	City	Phone
GR	Solutions Chronic Pain	2080 44 th Street SE Ste. 120	Kentwood	616-500-0977
MU	West Michigan Medical PC	1820 Oak Avenue, Ste. 001	Muskegon	269-251-6602

Palliative Care

Reg	Practice	Address	City	Phone
GR				
MU	Harbor Hospice & Palliative Care	6425 S Harvey Street	Norton Shores	231-737-3469

Pediatrics

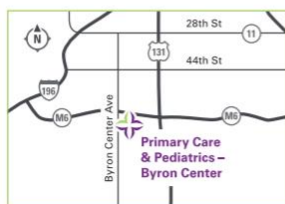
Trinity Health Medical Group, Primary Care & Pediatrics – Byron Center

Trinity Health Medical Group, one of the largest primary care and specialty physician networks in West Michigan, is committed to providing excellent access to health care, a more informed patient experience, and life-long, patient-doctor relationships.

- Pediatric, adolescent and adult health care
- General medical exams and yearly physicals
- Obstetrics and gynecology services, providing comprehensive women's health care and prenatal care
- Treatment of acute illnesses, such as upper respiratory infections or skin infections
- Immunizations
- Minor surgical procedures (stitches, lesions, etc.)
- On-site lab, pharmacy and X-ray
- Specialty providers in cardiology, obstetrics and gynecology, pulmonology, urology and vascular
- Digital mammography (MammoPlus®)
- Online scheduling and video visits available

Call 616-685-1350 for an appointment!

**Trinity Health Medical Group,
Primary Care & Pediatrics – Byron Center**
2373 64th St SW, Ste 1300 • Byron Center, MI 49315



Lara Baatenburg, MD
Family Medicine

Stephen DeLapp, MD
Family Medicine

Andre Hollingsworth, MD
Internal Medicine – Pediatrics



Becky Purkaple, MD
Family Medicine

Andrew Stanley, DO
Family Medicine

Kristen Eid, PharmD
Clinical Pharmacist



Jeneal Duff, PA-C

Timothy Pipe, PA-C

Meghan Summey, PA-C

Trinity Health Medical Group, Primary Care & Pediatrics – Grand Haven

Accepting New Patients!

Trinity Health Medical Group, one of the largest primary care and specialty physician networks in West Michigan, is committed to providing expert medical care for your day-to-day health care needs, plus access to common specialty medical services:

- Pediatric, adolescent and adult health care
- General medical exams and yearly physicals
- Management of chronic and complex disease in adult and geriatric patients
- Treatment of acute illnesses, such as upper respiratory infections or skin infections
- Immunizations
- Minor surgical procedures (stitches, lesions, etc.)
- Online scheduling and video visits available

Call 616-296-1500 for an appointment!

**Trinity Health Medical Group,
Primary Care & Pediatrics – Grand Haven**
1445 Sheldon Rd, Suite 300
Grand Haven, MI 49417



Brittany Erridge, MD
Family Medicine

Edward Hatt, MD
Internal Medicine

James (Peter) Heyboer, MD
Internal Medicine

Kyle Kramer, DO
Family Medicine



John McAree, MD
Internal Medicine

Marilena Oravitan, MD
Internal Medicine

Raymond Rabideau, DO
Family Medicine

Shawn Reidy, MD
Family Medicine



Kevin Smalley, DO
Family Medicine

Patricia DeVries, NP

Kimberley Fulton, PA-C

Jennifer Krieger, FNP-C



Theresa Pebbles, PA-C

Katie Rhew, NP

Tania VanDyke, NP



Kaylie Waters, NP

Lauren Malinowski, LLMSW

Trinity Health Medical Group, Primary Care & Pediatrics – Cherry

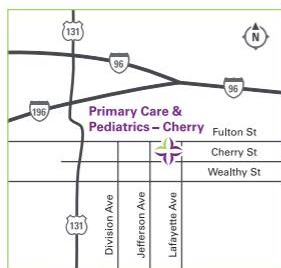
Accepting New Patients!

Trinity Health Medical Group, one of the largest primary care and specialty physician networks in West Michigan, is committed to providing excellent access to health care, a more informed patient experience, and life-long, patient-doctor relationships.

- Pediatric, adolescent and adult health care
- General medical exams and yearly physicals
- Treatment of acute illnesses, such as upper respiratory infections or skin infections
- Immunizations
- Minor surgical procedures (stitches, lesions, etc.)
- On-site lab
- Video visits and online scheduling available

Call 616-685-3200 for an appointment!

**Trinity Health Medical Group,
Primary Care & Pediatrics – Cherry**
245 Cherry St SE, Suite 100 • Grand Rapids, MI 49503



Miriam Adrianson, MD
Family Medicine

Esmerelda Cadena, MD
Pediatrics

Alexander Ghuneim, MD
Family Medicine



Mark Joseph, MD
Family Medicine

Emily Olenzek, MD
Family Medicine

Sheila Wang, MD
Pediatrics



Amanda Williams, MD
Family Medicine

Kimberly Lanning, DNP

Amber Lindeman, NP



Nicole Markiewicz, NP-C

Margaret VandeWater, NP-C



Terry Mann, LMSW

Lauren Stonerock, PharmD

Trinity Health Medical Group, Primary Care & Pediatrics – North Muskegon

Trinity Health Medical Group, one of the largest primary care and specialty physician networks in West Michigan, is committed to providing excellent access to health care, a more informed patient experience, and life-long, patient-doctor relationships.

- Pediatric, adolescent and adult health care
- General medical exams and yearly physicals
- Management of chronic and complex disease in adult and geriatric patients
- Treatment of acute illnesses, such as upper respiratory infections or skin infections
- Immunizations
- Minor surgical procedures (stitches, lesions, etc.)
- On-site lab and X-ray
- Online scheduling and video visits available

Call 231-672-3333 for an appointment!

**Trinity Health Medical Group,
Primary Care & Pediatrics – North Muskegon**
2006 Holton Road • Muskegon, MI 49445



Lauren Hodge, MD
Family Medicine

Sharlene Murphy, DO
Family Medicine

Lindsay Oliveira, MD
Internal Medicine & Pediatrics



Tina Tanner, MD
Family Medicine

Jonathan VanderSik, MD
Internal Medicine & Pediatrics

Sydnie Alviar, NP



Brooke Cudney, FNP-BC

Rita Dekker, NP



Erin Losee, NP

Kristen Sahlberg, NP

Pediatrics

Trinity Health Medical Group, Primary Care & Pediatrics – NW Grand Rapids

Trinity Health Medical Group, one of the largest primary care and specialty physician networks in West Michigan, is committed to providing excellent access to health care, a more informed patient experience, and life-long, patient-doctor relationships.

- Pediatric, adolescent and adult health care
- General medical exams and yearly physicals
- Treatment of acute illnesses, such as upper respiratory infections or skin infections
- Immunizations
- Chronic health management
- Minor surgical procedures (stitches, lesions, etc.)
- On-site lab
- Online scheduling and video visits available
- Additional language spoken: Spanish

Call 616-685-8150 for an appointment!

**Trinity Health Medical Group,
Primary Care & Pediatrics – NW Grand Rapids**
933 3 Mile Road NW, Suite 210
Grand Rapids, MI 49544



Thomas Foster, MD
Internal Medicine & Pediatrics

Mary Kline, MD
Family Medicine

Sally Kliphuis, MD
Family Medicine



Peter Lenhart, MD
Internal Medicine

Heather Romero, MD
Family Medicine

Kelly Coleman, FNP-C



Laura Kuipers, PA-C
Family Medicine

Jesse Tien, PA-C
Family Medicine

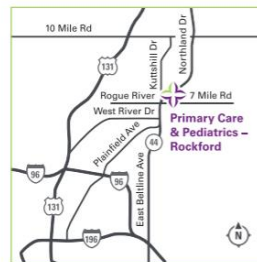
Trinity Health Medical Group, Primary Care & Pediatrics – Rockford

Trinity Health Medical Group, one of the largest primary care and specialty physician networks in West Michigan, is committed to providing excellent access to health care, a more informed patient experience, and life-long, patient-doctor relationships.

- Pediatric, adolescent and adult health care
- General medical exams and yearly physicals
- Treatment of acute illnesses, such as upper respiratory infections or skin infections
- Immunizations
- Minor surgical procedures (stitches, lesions, etc.)
- On-site lab and X-ray
- Online scheduling and virtual visits available

Call 616-685-8350 for an appointment!

**Trinity Health Medical Group,
Primary Care & Pediatrics – Rockford**
6050 Northland Drive NE, Suite 200
Rockford, MI 49341



Jana Baatenburg, MD
Family Medicine

John Carr, MD
Family Medicine

Gerald Durfee, MD
Family Medicine



Vanessa Martinez, MD
Pediatrics

Dexter McKellar, MD
Family Medicine

Kara Morley-Smolek, MD
Pediatrics



Gabriella Rubino, MD
Family Medicine

Camille Ryan, MD
Family Medicine

Alanna Wiarda, MD
Family Medicine



Megan DeBoer, NP
Family Medicine

Sarah Meyle, NP
Family Medicine

Kristin Vanderwell, DNP
Pediatrics

Pediatrics

Reg	Practice	Address	City	Phone
GR	THMG Primary Care & Pediatrics Byron Center	2373 64 th Street SW	Byron Center	616-685-1350
GR	THMG Primary Care & Pediatrics Cherry	245 Cherry Street SE, Ste 100	Grand Rapids	616-685-3200
GR	THMG Primary Care & Pediatrics NW Grand Rapids	933 3 Mile Road NW, Ste 210	Grand Rapids	616-685-8150
GR	THMG Primary Care & Pediatrics Rockford	6050 Northland Drive, NE Ste 200	Rockford	616-685-7985
MU	Hackley Community Care	2700 Baker Street	Muskegon	231-737-1335
MU	Muskegon Family Care	2201 S Getty St	Muskegon	231-739-9315
MU	Muskegon Pediatrics	888 Terrace St	Muskegon	231-638-4120
MU	Port City Pediatrics	1455 Farr Road	Norton Shores	231-737-0411
MU	Shoreline Pediatrics	684 Harvey Street	Muskegon	231-777-2732
MU	THMG North Muskegon	2006 Holton Road	N Muskegon	231-672-3333
GH	THMG Grand Haven	1445 Sheldon Road, Ste 300	Grand Haven	616-296-1500

Physical Therapy

Rehabilitation Services

Outpatient Rehabilitation

We offer a broad range of services that can help you get back to your highest level of independence possible. With convenient locations along the lakeshore, our team of experienced and expert therapists specialize in physical, occupational, speech and athletic outpatient rehabilitation.

Our Services

include but are not limited to:

- Balance training
- Breast Care
- Chronic pain management
- Cognitive/fluency/language
- Concussion treatment
- Craniosacral therapy
- Feeding and swallowing
- Free athletic training injury consults
- Hand therapy
- Hyperbarics
- LSVT BIG and LOUD – training programs for patients with Parkinson's disease
- Lymphedema therapy
- Manual therapy
- McKenzie Method
- Neurological rehabilitation
- Orthopedic rehabilitation
- Pain management
- Patient education
- Pediatrics
- Pelvic floor therapy
- Pelvic pain therapy
- Pre- and post-surgical rehabilitation
- Sensory re-education
- Special Needs Car Seat Evaluations
- Speech and sound production
- Spine rehabilitation
- Splinting
- Sports injury rehabilitation
- Sports medicine
- Vestibular rehabilitation
- Videofluoroscopic Swallow Study (VFSS)
- Visual rehabilitation
- Work injury rehabilitation
- Wound Care

For a full list of services, visit
TrinityHealthMichigan.org/Rehabilitation



Trinity Health Rehabilitation Locations

Grand Valley State University
1 Campus Drive
Allendale, MI 49401
231-672-6000

Lakes Village
6401 Prairie Street
Suite 1800
Norton Shores, MI 49444
231-672-7960

Ludington
5656 W. US 10
Ludington, MI 49431
231-316-1014

Lymphedema & Hyperbarics
1560 E. Sherman Boulevard
Suite 135
Muskegon, MI 49444
231-672-4973

Muskegon Campus
1400 Mercy Drive
Suite 50
Muskegon, MI 49444
231-672-6940

Norton Shores
3570 Henry Street
Suite 200
Norton Shores, MI 49444
231-672-2836

Sherman Pavilion-Geriatric
1150 E. Sherman
Suite 1175
Muskegon, MI 49431
231-672-4800, opt 2

Sports Performance & Rehab
481 Shoreline Drive
Muskegon, MI 49440
231-672-6000

Whitehall
905 E. Colby Street
Suite 140
Whitehall, MI 49461
231-672-8010

Wound Care
1560 E. Sherman Boulevard
Suite 125
Muskegon, MI 49444
231-672-3905

Physical Therapy

Reg	Practice	Address	City	Phone
GR	Advent Physical Therapy (all sites)	GLHC for Advent Referrals	Ph: 616-284-3694 Fx: 616-284-3695	Main Phone, All Sites: 616-948-7486
GR	I'move	5211 Cascade Rd SE 890 Washington Ave, Ste 130A 65 S Main St, Suite C	Grand Rapids Holland Rockford	616-847-1280 616-994-8136 616-866-8084
GR	Mary Free Bed	235 Wealthy St SE Ste 100	Grand Rapids	616-840-8000
MU	I'move	921 S Beechtree St., Suite 5 17001 Ferris St (GH High School) 5481 E. Apple Ave. 900 W. Western Ave. 2685 Henry St. 2073 Holton Rd. 18000 Cove St, Suite 202 16140 148th Ave (Aquatic Center) 541 East Slocum	Grand Haven Grand Haven Muskegon Muskegon Norton Shores N. Muskegon Spring Lake Spring Lake Whitehall	616-842-0555 616-847-1280 231-722-5661 616-847-1280 231-755-4404 231-744-0077 616-847-1280 616-847-1280 616-847-1280
MU	Orthopaedic Associates of Muskegon	1400 Mercy Drive Ste 100	Muskegon	231-733-1326
MU	TH Rehabilitation Services	6401Prairie Street 1400 Mercy Drive, Suite 50 3570 Henry Street, Ste 200 1150 E Sherman Ste 1175 & 2100 905 E Colby St, Ste 140	Norton Shores Muskegon Norton Shores Muskegon Whitehall	231-672-7960 231-672-6940 231-672-2836 231-672-8768 231-672-8010
MU	TH Rehabilitation Services Ludington	5656 W US Hwy 10	Ludington	231-316-1014

Plastic Surgery

Reg	Practice	Address	City	Phone
GR	Forefront Dermatology (facial)	1000 East Paris Ave St	Grand Rapids	616-957-2060
GR	Hand and Plastic Surgery Centre	245 Cherry Street SE	Grand Rapids	616-459-4131
GR	Partners in Plastic Surgery	4070 Lake Drive	Grand Rapids	616-464-4420
MU	Muskegon Surgical Associates	1316 Mercy Drive	Muskegon	231-739-9461

Psychiatry

Outpatient Psychiatry Clinic

At Trinity Health Psychiatry, we offer a depth of experience that enables more patients to recover and reclaim joy in their lives. Our clinic provides easy access to comprehensive, personalized and coordinated services.

Our services include specific expertise in the assessment and management of:

- Anxiety
 - Depression
 - Complex mood disorders
 - Psychiatric disorders associated with medical illness
- ▶ We offer psychiatric evaluation, medication management, evaluation for ECT (electroconvulsive therapy), and outpatient therapy
- ▶ We help patients address the cause and learn how to make symptoms more manageable.

Office number: 616-685-4290

Fax Number: 616-685-8943

**Trinity Health Medical Group,
Psychiatry - Grand Rapids**
260 Jefferson Ave SE, Suite 221
Grand Rapids MI 49503



Carey Krause, DO
Psychiatrist



Joshua Corriveau, MD
Psychiatrist



**Anna Henderson,
LMSW**
Outpatient Therapist



**Megan DeBoer,
PMHNP-BC**
Psychiatry
Nurse Practitioner



Paul Dieleman, DNP
Psychiatry
Nurse Practitioner

Psychiatry

Reg	Practice	Address	City	Phone
GR/MU	Sanford Behavioral Health	15146 16 th Ave	Marne	844-766-9651
GR	THMG Psychiatry	260 Jefferson Ave SE, Ste 221	Grand Rapids	616-685-4290

Podiatry

Trinity Health Medical Group, Podiatry

Foot & Ankle Care

CONDITIONS WE TREAT

- Arthritic conditions affecting lower extremities
- Dermatologic conditions of lower extremities
- Digital deformities
- Foot and ankle pain
- Fractures
- Heel pain
- Ingrown toenails
- Routine diabetes care and examinations
- Sports medicine injuries
- Structural deformities such as bunions, hammertoes and flat feet
- Tendinitis
- Toenail conditions
- Ulcerations due to diabetes, trauma or venous disease

SERVICES WE PROVIDE

After a thorough evaluation, your podiatrist may recommend any of the following services:

- Custom orthotics and foot examinations
- Dermatologic evaluations and recommendations
- Fracture care
- Surgical and conservative management of chronic arthritis and deformities
- Wound care

For more information, call 616-685-1200.

Trinity Health Medical Group, Podiatry – East Beltline

1471 East Beltline Avenue NE, Suite 201
Grand Rapids, MI 49525

Trinity Health Medical Group, Podiatry – Hudsonville

3925 32nd Avenue
Hudsonville, MI 49426

Trinity Health Medical Group, Podiatry – Rivertown

3380 44th Street SW
Grandville, MI 49418



Bradley
Christiansen, DPM



Michael
Johnson, DPM



Courtney
Thenn, DPM

Podiatry

Reg	Practice	Address	City	Phone
GR	Foot and Ankle Specialist of WMI	1195 Wilson Ave NW 2144 E Paris Ave SE 5175 Plainfield Ave NE 6050 Northland Drive NE	Grand Rapids Grand Rapids Grand Rapids Rockford	616-453-8277 616-281-0666 616-363-9833 616-363-9833
GR	Ivanrest Foot and Ankle Specialists	3050 Ivanrest Ave SW	Grandville	616-406-0102
GR	THMG Podiatry East Beltline	1471 East Beltline Ave NE	Grand Rapids	616-685-1200
GR	THMG Podiatry Hudsonville	3925 32 nd Avenue	Hudsonville	616-685-1200
GR	THMG Podiatry Rivertown	3380 44 th Street SW	Grandville	616-685-1200
MU	Diabetic Foot and Wound Care	1281 E Sherman Blvd	Muskegon	231-733-1511
MU	Foot and Ankle Specialist of WMI	1450 E Farr Road	Norton Shores	231-739-7606
MU	Grand Haven Foot and Ankle	600 Park Ave	Grand Haven	616-846-3400
MU	Norton Shores Foot and Ankle	433 Seminole Road	Norton Shores	231-739-7238
MU	Shoreline Foot and Ankle Associates	561 Seminole Road	Norton Shores	231-733-1111

Pulmonology

Pulmonary Grand Haven · Grand Rapids · Muskegon

Trinity Health Pulmonary experts provide expert patient centered care to the communities of West Michigan. Utilizing years of experience and the latest technology our interdisciplinary team specializes in diagnosing and treating a variety of pulmonary and respiratory disorders, including COPD, lung disease, pulmonary hypertension and sarcoidosis.

Inpatient and Outpatient Services

- Arterial blood gas (ABG)
- Asthma education, peak flow instruction, metered dose inhaler (MDI) instruction
- Breather's Club
- Bronchoscopy
- Consultations
- Electrocardiogram (EKG)
- Evaluation and treatment of pulmonary nodules
- Holter monitor
- Lung cancer screening and staging
- Navigational bronchoscopy
- Pulmonary function testing (PFT)
- Pulmonary rehabilitation
- Pulse oximetry and pulse oximetry walks

Trinity Health Medical Group, Pulmonology

Byron Center | 2373 64th St., Ste. 1304,
Byron Center, MI 49315

Grand Haven | 1445 Sheldon Rd., Ste. 302,
Grand Haven, MI 49417

Grand Rapids Campus | 310 Lafayette SE,
Ste. 415, Grand Rapids, MI 49503

Muskegon Campus | 1560 E. Sherman Blvd.,
Ste. 250, Muskegon, MI 49444

Visit TrinityHealthMichigan.org to learn more about our program and find a location near you.



Eric Geiser, MD
Grand Rapids



Sarah Gunther, DO
Grand Haven &
Muskegon



Scott Hagedorn, MD
Grand Haven &
Muskegon



Paul Harris, DO
Grand Rapids



David Heger, DO
Grand Haven &
Muskegon



**Kathryn
Kleaveland, MD**
Grand Haven &
Muskegon



Sherry Kuo, DO
Grand Rapids &
Byron Center



Jonathan Prest, MD
Grand Rapids



Steven Shaw, MD
Muskegon



David Shen, MD
Grand Rapids



**Joanna
Wiczkowska, DO**
Muskegon



Mary Cherrette, NP
Grand Rapids



**Daria
Donovan, PA**
Muskegon



Kari Hill, NP
Grand Rapids &
Byron Center



Tim Gawronski, PA-C
SFHM, CAQ-HM
Muskegon



**Alison
Phillips, PA-C**
Muskegon



**Samantha
Tallman, NP**
Muskegon



**Faith
Van Oss, NP-C**
Grand Rapids

Pulmonary

Reg	Practice	Address	City	Phone
GR	THMG – Byron Center	2373 64 th Street, Ste 1304	Byron Center	616-
GH	THMG – Grand Haven	1445 Sheldon Road, Ste 302	Grand Haven	616-296-1640
GR	THMG – Grand Rapids Campus	310 Lafayette SE, Ste 415	Grand Rapids	Ph: 616-685-5606 Fx: 616-685-8969
MU	Lakeshore Pulmonology PLC	17357 Vanwagoner Rd	Spring Lake	616-847-1009
MU	THMG – Muskegon Hospital	1560 E Sherman Blvd, Ste. 250	Muskegon	231-672-8145

Oncology-Radiation/Surgical

Trinity Health Radiation Oncology



Derek Bergsma, MD
Grand Rapids



Whitney Boss, DNP
Grand Rapids



James Kane Jr., MD
Grand Rapids



Nina Johnson, MD
Muskegon



Matthew Tate, MD
Muskegon

Not pictured:
Jennifer Novak, MD
Grand Rapids

Radiation oncology involves the precise delivery of high-energy radiation to target specific cells or tissues, with the aim of damaging or destroying cancer cells while minimizing harm to healthy surrounding tissues.

Our highly experienced team of radiation oncologists delivers safe, effective radiation therapy, providing specialized treatments based on different cancer types, radiation oncology plays a significant role in treatment and can be used as the primary treatment method or in combination with surgery, chemotherapy, and other therapies.

SERVICES INCLUDE

- **Brachytherapy** During an outpatient procedure, our radiation oncologists insert a tube that temporarily places radioactive "seeds" inside or near the cancer cells. We remove the seeds and the tube immediately following the procedure.
- **CyberKnife®** This advanced radiation therapy delivers radiation beams from multiple angles, so you receive focused treatment in hard-to-reach areas.
- **Intensity-Modulated Radiation Therapy (IMRT)** allows our radiation oncologists to deliver a higher dose of radiation while sparing surrounding tissue.
- **RapidArc®** radiotherapy technology offers all the benefits of intensity-modulated radiation therapy (IMRT) in much shorter treatment times. Often, we can deliver your precise treatment in two minutes or less.
- **Stereotactic Radiosurgery** an alternative to more invasive surgery for some types of brain tumors. The first center in West Michigan to perform stereotactic radiosurgery using precision IMRT. Our physicists, radiation oncologists and neurosurgeons pioneered stereotactic radiosurgery that does not require an invasive frame (halo) on the head.
- **Stereotactic Body Radiation Therapy (SBRT)** like stereotactic radiosurgery but treats cancers in areas other than the brain. We use multiple radiation beams and detailed imaging to deliver highly precise treatment.
- **TrueBeam™** delivers high doses of radiation with accuracy down to fractions of millimeters. Our radiation oncology team narrowly targets tumors and avoids surrounding healthy tissues with this technique.

Grand Rapids | Lacks Cancer Center, 250 Cherry St. SE, Grand Rapids, MI 49503 • 616-685-6218

Muskegon | Johnson Family Cancer Center, 1440 E. Sherman Blvd., Ste 300, Muskegon, MI 49444 • 231-672-2008

Oncology-Radiation/Surgical

Reg	Practice	Address	City	Phone
GR	THMG – Grand Rapids Campus	250 Cherry Street SE	Grand Rapids	616-685-6218
MU	THMG – Johnson Family Cancer	1440 E Sherman Blvd, Ste. 300	Muskegon	231-672-2008

Rheumatology

(For Infusion, See “Infusion”)

Trinity Health Medical Group, Rheumatology

Accepting New Patients!

We provide outstanding care for patients with immune-mediated rheumatic diseases. Our experienced rheumatologists specialize in the diagnosis and treatment of rheumatic diseases. Sometimes our role is to “solve the riddle” and determine if there is an underlying immunologic disease that is causing a person’s symptoms. Other times the problem is already defined, and we work to integrate medical interventions to control the disease process. In all cases we strive to help patients understand their health problems and feel more in control managing their rheumatic disease.

COMMON CONDITIONS WE TREAT

- Rheumatoid arthritis
- Psoriatic arthritis, ankylosing spondylitis and related conditions
- Systemic lupus erythematosus
- Scleroderma, Raynaud’s phenomenon, interstitial lung disease and related conditions
- ANCA related vasculitis and giant cell arteritis
- Difficult to control gout
- Related inflammatory disorders that require expert immunomodulator therapy

For more information or to inquire about a referral, call 616-685-7200.

**Trinity Health Medical Group,
Rheumatology**
1155 East Paris Ave SE
Grand Rapids, MI 49546



**Katherine
Chakrabarti, MD**
Rheumatologist



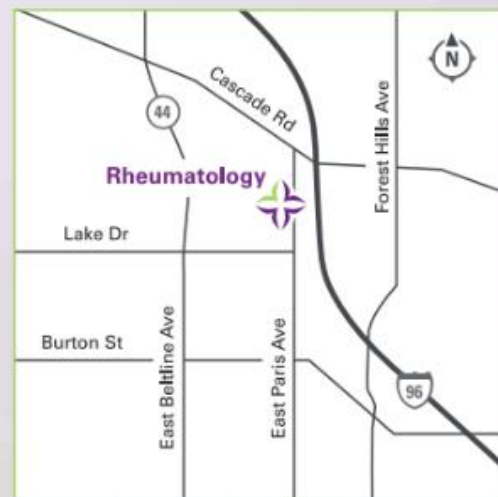
**Aaron
Eggebeen, MD**
Rheumatologist



**Rupal
Shastri, MD**
Rheumatologist



**Eric
Slavin, MD**
Rheumatologist



TRINITYHEALTH.COM

Rheumatology

(For Infusion, See Infusion)

Reg	Practice	Address	City	Phone
GR	THMG – Rheumatology East Paris	1155 East Paris Ave SE	Grand Rapids	Ph: 616-685-7200

Sleep Medicine

Sleep Medicine

Trinity Health Sleep Medicine leads the way in West Michigan for the treatment of sleep disorders. Our regional interdisciplinary team specializes in a variety of disciplines, including internal medicine, psychology, pulmonary and critical care medicine, and adult and child neurology. Utilizing years of experience and the latest technology, we work in conjunction with your primary care physician to diagnose and treat your sleep-related problems. Accredited by the American Academy of Sleep Medicine, our comprehensive program is dedicated to the evaluation, diagnosis and management of adult and pediatric sleep disorders—including obstructive sleep apnea (OSA), insomnia, parasomnias, narcolepsy and restless leg syndrome.

Our Services

- Consultation for both adult and pediatric sleep disorders
- In-lab sleep testing
- Home sleep testing
- Home, overnight EEG testing for insomnia
- Actigraphy
- Cognitive Behavioral Therapy for Insomnia (CBT-I)
- CPAP/BiPAP titration

- CPAP compliance program
- Inspire® hypoglossal nerve stimulation therapy for sleep apnea
- On-site durable medical equipment (DME)/CPAP
- Comprehensive patient and family education
- Sleep education classes
- PAP-Naps



Call to learn more about our sleep services:

Grand Rapids
245 Cherry St SE, Ste 200
Grand Rapids, MI 49503
616-685-6330

Grand Haven
1445 Sheldon Rd, Ste 302
Grand Haven, MI 49417
616-296-1640

Muskegon
1277 Mercy Dr
Muskegon, MI 49444
231-672-6186

Shelby
71 Bevier St
Shelby, MI 49455
231-861-3430
(inside primary care office)

Soumya Madala, MD
Medical Director, Sleep Medicine, Grand Haven; Internal Medicine, Grand Haven & Grand Rapids

Christopher Morgan, MD
Medical Director, Sleep Medicine; Neurologist, Grand Rapids

Sarah Gunther, DO
Sleep Medicine, Pulmonologist, Muskegon

Albert Ho, MD
Pediatric Sleep Neurologist, Grand Rapids & Muskegon

Syed Husaini, MD
Sleep Medicine, Family Medicine, Muskegon

Conrad Kozlowski, MD
Sleep Medicine, Internal Medicine, Grand Rapids, Muskegon & Shelby

Jonathan Prest, MD
Sleep Medicine, Pulmonologist, Grand Rapids

David Shen, MD
Sleep Medicine, Pulmonologist, Grand Rapids

Lindsey Burrell, PA-C
Sleep Medicine Physician Assistant, Grand Rapids

Kelsi Drury, PA-C
Sleep Medicine Physician Assistant, Muskegon & Shelby

Shanna Henderson, PA-C
Sleep Medicine Physician Assistant, Grand Rapids

Suzanne Jubb, PA-C
Sleep Medicine Physician Assistant, Grand Haven

Leah Martin, PA-C
Sleep Medicine Physician Assistant, Muskegon

Elizabeth Scott, NP
Sleep Medicine Nurse Practitioner, Grand Rapids

Amy Myers
Sleep Medicine Counselor, Grand Rapids

[TrinityHealthMichigan.org/Sleep](https://www.TrinityHealthMichigan.org/Sleep)

Sleep Center – Grand Haven

Accepting New Patients

Trinity Health Sleep Center leads the way in West Michigan for the treatment of sleep disorders. Our regional interdisciplinary team specializes in a variety of disciplines, including internal medicine, psychology, pulmonary and critical care medicine, and adult neurology. Utilizing years of experience and the latest technology, we work in conjunction with your primary care physician to diagnose and treat your sleep-related problems.

Accredited by the American Academy of Sleep Medicine, our comprehensive program is dedicated to the evaluation, diagnosis and management of adult sleep disorders — including obstructive sleep apnea (OSA), insomnia, parasomnias, narcolepsy and restless leg syndrome.

To schedule a consultation, call 616-296-1640.

Trinity Health Medical Group, Sleep Medicine – Grand Haven
Trinity Health Medical Center – Harbor Dunes
1445 Sheldon Rd, Suite 302
Grand Haven, MI 49417



Soumya Madala, MD
Sleep Medicine, Internal Medicine

Suzanne Jubb, PA-C
Sleep Medicine

Mary Gardner
Lead Tech, LRT, RPSGT

Sarah Rake
Sleep Navigator, LRT, RPSGT

[TrinityHealthMichigan.org/Sleep](https://www.TrinityHealthMichigan.org/Sleep)

Sleep Medicine

Reg	Practice	Address	City	Phone
GR	THMG – Sleep Center Grand Rapids	245 Cherry Street SE Ste 200	Grand Rapids	616-685-6330
MU	THMG – Sleep Center Grand Haven	1445 Sheldon Road, Ste 302	Grand Haven	616-296-1640
MU	THMG – Sleep Center Muskegon	1277 Mercy Drive	Muskegon	231-672-6186
MU	THMG – Sleep Center Shelby	71 Bevier Street,	Shelby	231-861-3430

Thoracic Surgery

Trinity Health Medical Group, Cardiothoracic Surgery

Trinity Health Medical Group, Cardiothoracic Surgery provides the most progressive treatments to improve quality of life while offering unparalleled, personalized care to patients. Specialties include surgical treatment of diseases in the chest, including the heart, aorta, lung, esophagus, mediastinum, chest wall, diaphragm and blood vessels.

CARDIAC SURGERY

- Aneurysmal disease
- Aortic pathology — aneurysms, dissections, ulcerations and congenital anomalies
- Arrhythmia surgery for atrial fibrillation
- Coronary artery bypass using multiple arterial conduits
- Occlusive disease management
- Repair and replacement of valves
- Robotic thoracotomy
- TAVR (transcatheter aortic valve replacement)

THORACIC SURGERY

- Chest wall — malignancy and hernias
- Esophagus — cancer evaluation and surgical management
- Lung — cancer diagnosis, surgical treatment and follow-up, along with pneumothorax, emphysema and thoracoscopic procedures

For more information or to schedule a consultation, call 231-672-8643.

Trinity Health Medical Group, Cardiothoracic Surgery

Trinity Health Professional Building
1560 E. Sherman Boulevard, Suite 309
Muskegon, MI 49444



Theodore J.
Boeve, MD



Ryan M.
Bylsma, MD



Richard S.
Downey, MD, FACS



Julie
Anderson, PA-C



Jordan
Conklin, PA-C



Matthew
Eisen, PA-C



Kristina
Nitzsche, PA-C



Maria
Parsons, PA-C



Darcy Strayer,
MSN, RN

Not pictured: Renae Winicki, RN

All physicians and staff participating in this program provide services in a manner consistent with Trinity Health's Catholic mission and the Ethical and Religious Directives for Catholic Health Care Services.



CARDIOVASCULAR
NETWORK

Thoracic Surgery

Reg	Practice	Address	City	Phone
GR	THMG Thoracic Surgery Grand Rapids Campus	250 Cherry Street SE, Ste 2B	Grand Rapids	616-685-5600
MU	THMG Cardiothoracic Surgery Trinity Health Professional Bldg	1560 E Sherman Blvd, Suite 309	Muskegon	231-672-8643

Urogynecology

Urogynecology

Trinity Health Medical Group Urogynecology provides the most progressive treatments to improve quality of life while offering unparalleled, personalized care to patients.

Pelvic and urogynecology disorders are a combination of urinary incontinence and pelvic floor dysfunction, ranging in symptoms and severity. Through careful diagnosis and treatment of the following urogynecology issues, our experts will restore patients to a better quality of life using minimally invasive methods.

Prolapse

Non-Surgical Options

- Pelvic floor therapy
- Pessary

Surgical Options

Native Tissue

- Colpocleisis
- Sacrospinous ligament fixation
- Uterosacral ligament plication

Non-Native Tissue

- Hysteropexy
- Sacrocolpopexy

Fecal Incontinence

- Bowel Program
- InterStim®
- Surgery

For more information or to refer a patient, call 231-672-7944.

Urinary Incontinence

Overactive Bladder

First Line Treatments

- Kegel exercises
- Dietary management

Second Line Treatments

- Medication
- **Third Line Treatments**
- Tibial nerve stimulation
- Botox®
- InterStim®

Stress Urinary Incontinence

- Bladder sling
- Periurethral injections



Valerie Fritton, NP



Jannah Thompson, MD

Lakes Village

6401 Prairie Street, Suite 1700
Muskegon, MI 49444
231-672-7944

East Paris

2144 E Paris Ave SE, Ste 200
Grand Rapids, Michigan 49456
231-672-7944

Urogynecology

Michelle Firlit, NP

Nurse Practitioner, Urogynecology

Medical Education

Michigan State University

Undergraduate Education

Grand Valley State University

Clinical Interests

- Overactive Bladder
- Incontinence
- Pelvic floor dysfunction

Professional Membership

- American Neurological Association (2023)
- American Association of Nurse Practitioners (2022)
- Michigan Council of Nurse Practitioners, Greater Grand Rapids Chapter (2020)
- Golden Key International Honor Society (2018)
- Honor Society of Sigma Theta Tau International (2018)



Trinity Health Medical Group,
Urogynecology – East Paris
2144 E Paris Ave SE, Ste 200
Grand Rapids, Michigan 49456
231-672-7944

Accepting New Patients!

To make an appointment with Michelle Firlit, NP, call 231-672-7944.

TrinityHealthMichigan.org

THM W04161-2402-BC



TrinityHealthMichigan.org/Urogyn

THM W11823-2502-9C



Urogynecology



THMG Urogynecology

Consultation and Referral Guidelines

Trinity Health Medical Group Urogynecology accepts referrals via Epic, Holon, or fax. Please contact us by phone to make an urgent referral or if you have additional questions.

**** NOTE: THMG Urogynecology is a FEMALE-only clinical consultation resource.**

Male patients should be referred to Urology or Gastro/Colo-rectal.

Referral Coordinator – Direct Line: 231-672-7936

Main Office Phone: 231-672-7944

Internal Fax Queue: 231-724-7812

Epic Referral ID: [MMLAK MHPP Pelvic Medicine & Urogynecology – Musk Office](#)
[MGREP MHPP Pelvic Medicine & Urogynecology – GR Office](#)

Referral Diagnoses or Symptoms

Below is a list of conditions addressed by our THMG Urogynecology specialists.

Please see the chart on Page 2 for additional information to include in the referral order, based on diagnosis or symptoms.

Routine:

- Pelvic prolapse – uterine prolapse, cystocele, rectocele, enterocele, vaginal vault prolapse
- Urinary incontinence
- Overactive bladder
- Urodynamics testing
- Cystoscopy
- Urinary retention with an associated urogynecology problem
- Fecal incontinence
- Vaginal mesh erosion or mesh complications
- Urethral diverticulum
- Vesicovaginal fistula
- Dyspareunia
- Neurogenic bladder

We do not see patients for the following conditions:

- | | |
|----------------------------|----------------------------|
| • Recurrent UTIs | Please refer to Urology |
| • Hematuria | Please refer to Urology |
| • Kidney stones | Please refer to Urology |
| • Chronic kidney disease | Please refer to Urology |
| • Acute Cystitis | Please refer to Urology |
| • Rectal prolapse | Please refer to Colorectal |
| • Acute/chronic vaginitis | Please refer to Ob/Gyn |
| • Vaginal atrophy | Please refer to Ob/Gyn |
| • Vulvodynia | Please refer to Ob/Gyn |
| • Lichen sclerosus | Please refer to Ob/Gyn |
| • Trigger point injections | Please refer to Ob/Gyn |
| • Bladder instills | Please refer to Ob/Gyn |

Urogynecology

Consult and Referral Guidelines: Page 2

Diagnosis / Symptoms	Work-up / Initial Management, Records to provide w/ referral	Additional Information
Pelvic prolapse	<ul style="list-style-type: none"> Prior pelvic and abdominal surgery operative reports Documented pelvic exam within 1 year of diagnosis 	Not urgent unless acute urinary retention.
Urinary incontinence, frequency, urgency, OAB, urinary retention	<ul style="list-style-type: none"> Prior pelvic and abdominal surgery operative reports Documented pelvic exam within 1 year of diagnosis Prior Urology or Urogynecology notes 	
Fecal incontinence	<ul style="list-style-type: none"> Prior pelvic and abdominal surgery operative reports Documented pelvic exam within 1 year of diagnosis 	If no other referring diagnosis, colonoscopy recommended first.
Urethral diverticulum	<ul style="list-style-type: none"> Prior pelvic surgery operative reports Documented pelvic exam within 1 year of diagnosis 	
Vesicovaginal fistula	<ul style="list-style-type: none"> Prior pelvic surgery operative reports Documented pelvic exam within 1 year of diagnosis 	
Dyspareunia	<ul style="list-style-type: none"> Prior pelvic surgery operative reports Documented pelvic exam within 1 year of diagnosis 	Only accepting referrals from Ob/Gyn, Gyn/Onc and Colorectal.
Interstitial cystitis, dysuria	<ul style="list-style-type: none"> Pelvic ultrasound within 6 mos. If has uterus and/or ovaries Prior pelvic surgery operative reports Documented pelvic exam within 1 year of diagnosis 	Only accepting referrals from Ob/Gyn and Gyn/Onc. If patient has significant history of UTIs, hematuria, kidney stones – Urology consult recommended first.
Vaginal mesh erosion, mesh complication	<ul style="list-style-type: none"> Prior pelvic and abdominal surgery operative reports 	

Trinity Health Medical Group Urogynecology has developed these guidelines as a reference tool to assist referring physicians. If any questions remaining, please do not hesitate to contact our Main Office phone at 231-672-7944.

Consult/Referral Guidelines – Urogyn: 9/24



Urogynecology

Reg	Practice	Address	City	Phone
GR	THMG Urogynecology – Grand Rapids	2144 E Paris Ave SE, Ste 200	Grand Rapids	231-672-7944
MU	THMG Urogynecology – Lakes Village	6401 Prairie Street Suite 1700	Muskegon	Ph: 231-672-7944

Urology

Reg	Practice	Address	City	Phone
GR	Urology Associates of GR	2373 64 th Street	Byron Center	616-459-3551
GR	Urology Surgeons PC	1000 East Paris Ave SE	Grand Rapids	616-949-4340
MU	MI Medicine WestShore Urology	1301 Mercy Drive	Muskegon	231-739-9492
MU	THMG – Hart		Hart	
MU	THMG – Shelby		Shelby	
GH	THMG Urology – Grand Haven	1445 Sheldon Road, Ste 201	Grand Haven	616-785-4720

Vascular

Trinity Health Medical Group, Vascular Surgery

Trinity Health Medical Group, Vascular Surgery provides comprehensive vascular diagnostic and treatment services, including open and minimally invasive surgeries, cosmetic and therapeutic vein care, as well as diagnostic services accredited by the International Accreditation Commission (IAC).

COMPREHENSIVE SERVICES

Treatment

- Abdominal and thoracic aortic aneurysms — open and minimally invasive treatments
- Carotid artery disease — medical and surgical treatment and stenting
- Dialysis access
- Peripheral arterial disease (PAD) — medical management, bypass surgery, balloon angioplasty and stenting
- Thoracic outlet syndrome (TOS) — medical and surgical treatment
- Varicose veins and spider veins — non-invasive and minimally invasive treatments

Diagnostic Services

- Carotid arteries
- Intra-abdominal arteries
- Peripheral arteries
- Visceral
- Venous system — arms and legs
- Thoracic outlet syndrome
- Second opinions with vascular experts experienced in caring for complicated diseases

For more information or to refer a patient, call 616-685-7850.

Vascular Surgery – Byron Center

2373 64th Street, Suite 1304

Vascular Surgery – Grand Rapids Campus

310 Lafayette Avenue SE, Suite 301



Joshua I. Greenberg, MD

- *Education:* David Geffen School of Medicine at UCLA
- *Residency:* General Surgery, UC San Diego Medical Center
- *Fellowship:* Vascular and Endovascular Surgery, Stanford University Medical Center



Michelle C. Kosovec, MD

- *Education:* Drexel University College of Medicine
- *Residency:* Vascular and Endovascular Surgery, Michigan State University and Spectrum Health



John T. Morris, DO

- *Education:* Michigan State University College of Osteopathic Medicine
- *Residency:* General Surgery, University of Michigan Health–West
- *Fellowship:* Vascular and Endovascular Surgery, McLaren Macomb



Carrie Jerow, PA-C

- *Education:* Grand Valley State University



Extracranial Cerebrovascular
Peripheral Arterial
Peripheral Venous



CARDIOVASCULAR
NETWORK

The Cardiovascular Network of West Michigan, a joint venture between Trinity Health and University of Michigan Health–West, leverages the combined resources of two award-winning health systems.

TrinityHealthMichigan.org/Vascular

THMI W06032-2309-CD



Vascular

Reg	Practice	Address	City	Phone
GR	Center for Vein Restoration LLC	4085 Burton St SE	Grand Rapids	(855) 830-8346
GR	THMG Vascular Surgery – Byron Center	2373 64 th Street, Suite 1304	Grand Rapids	Ph: 616-685-7852
GR	THMG Vascular Surgery – Grand Rapids Campus	310 Lafayette Ave SE, Ste 301	Grand Rapids	Ph: 616-685-7852
MU	Muskegon Surgical Associates	1316 Mercy Drive	Muskegon	231-739-9461

Wound Care

Comprehensive Wound Services

Wound Care

Our team has a proven track record of healing wounds — even those that have not responded to other treatments. Along with clinical excellence, our local team of healing specialists are passionate about providing personalized care and will develop a healing plan that is specific to your needs.

Our physicians treat a variety of wounds, including:

- Diabetic foot wounds
- Venous ulcers
- Arterial ulcers
- Surgical and pressure related wounds
- Osteomyelitis
- Radiation injury/necrosis
- Necrotizing infections

Working together with the referring physician and other care providers, our multi-specialty team provides individualized care and offers some of the most current modalities, including:

- Hyperbaric oxygen (HBO) therapy
- Bioengineered tissue alternatives
- Negative pressure wound therapy
- Specialty dressings/wraps
- Compression therapy
- Debridement
- Offloading
- Total contact casting
- Topical medications
- Venous and tissue oxygenation testing

To learn more, please call 616-685-5170.

Trinity Health Wound Care - Grand Rapid Campus
310 Lafayette Avenue SE, Suite 220
Grand Rapids, MI 49503
P 616-685-5170 • F 616-685-3012

Trinity Health Wound Care - Muskegon Campus
1560 E Sherman Boulevard Suite 125
Muskegon, MI 49444
P 231-672-3905 • F 231-672-4981



John (Jack) Morris, DO
Medical Director,
Vascular Surgeon



Courtney Thenn, DPM
Podiatrist



Brad Christiansen, DPM
Podiatrist



Michael Johnson, DPM
Podiatrist



Emily Sparks, PA-C
Physician Assistant



Krista Rossetto, PA-C
Physician Assistant

TrinityHealthMichigan.org

THMI 975040600-202206-BC



Wound Care

Reg	Practice	Address	City	Phone
GR	THMG Wound Care – Grand Rapids Campus	310 Lafayette Avenue SE, Ste 220	Grand Rapids	Ph: 616-685-5170 Fx: 616-685-3012
MU	Trinity Health Wound Care MU	1560 E Sherman Blvd, Ste 125	Muskegon	Ph: 231-672-3905 Fx: 231-672-4981